International Common Law is U.S. still holding All hail... King Fake meat - the no protection 'forever prisoner' solution suitable Charles the globalist at Guantánamo for no-one from tyranny Page 16 Page 3 Page 9 Page **21 The Uncensored Truth ISSUE 34** Monthly **The A People-Funded Paper** www.thelightpaper.co.uk The state we're in - MPs answer your questions PARLIAMENT SQUARE <mark>SW1</mark> All toeing the party line on globalist agenda Pages 4-5 No climate crisis

Solutions

CARBON DIOXIDE HAS ZERO EFFECT ON TEMPERATURES

-20°

-30

-31°.

-32

-33°

34



News

by ANDREW FOSTER

CLIMATE change is a vehicle for stripping us of basic freedoms - rights such as working, travel, and public access.

Ecological responsibility on the working man is leading us away from tradition and into the hands of corporate greed. The IPCC has set out environmental targets for 30 per cent biodiversity protection by 2030.

However, planting a load of spruce trees does not equate to an actual forest, as they continue to destroy UK native species such as oak and ash. The climate hoax is an attack

on farming and food production - documentaries bemoan the methane production of cows, while the growth and transportation of soya beans destroys rainforests and requires an immense amount of water. In terms of CO2, little is done to prevent celebrities and world leaders from flying in private jets

from London to Inverness, while we must cycle to work, turn off the lights and eat bugs, while none of it makes any difference, as you can see by the graphs above.

Air Temperature on

Greenland Ice Sheet (-C°)

BC 9,000 8,000 7,000 6,000 5,000 4,000

Temperature Variation Over the Last 10,000 Years

Roman Warm Period

3,000 2,000

Earth's temperature has varied for millenia and been much warmer in the past

What we do has no effect on the climate. Taking the most recent

200 years to create a fake crisis and take even more tax is criminal.

Medieval Warm Period

1,000 0 AD

Little Ice Ag

1000

Post pandemic, it was said that animals returned to towns and air quality improved. This was not the case, and also the recent push for reusable plastics was ignored,

as single-use plastic covid tests, gloves and masks were produced and used by billions, while again making no difference.

1.5

1.0

0.5

0.0

-1.0

-1.5

NOW

5

Temp Variation (°C)

Approx Global

Health

The idea that we are helping the Earth by staying inside and complicit is pushing the public to accept that, in order to save the world we love so much, we must completely sacrifice our freedom.



EDITORIAL

Know what's going on?

Deception is their number one weapon - talking to people nullifies it



'Beacons' - Bob Moran https://bobmoran.co.uk

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"Those capable of tyranny are capable of perjury to sustain it." - Lysander Spooner

by **DARREN SMITH**

HAVE you discovered that world events are stage-managed and crises are created in order to consolidate power and wealth, meaning history is a lie and politics is just another arm of the entertainment business?

When we begin to discover the grand deceptions played upon us, our initial reactions of shock, awe and anger can often give way to fear; the feeling of discovering a big secret that we shouldn't have, and we don't want them to find out that we know, or they'll come for us.

After this, there is an eruption of joyous realisation that knowledge really is power, and their power is only maintained by keeping the deception in place.

That is where the song You Can Stick Your New World Order Up Your Arse came from: should I keep quiet about what I had learned in case I'm eliminated by sinister forces? No, I should stand up and tell everybody as loudly as possible what is really going on, sticking two fingers up to the rulers, showing them and others that we are not afraid.

While there will always be a mechanism in place to smear anyone who discovers the lies that have been perpetrated on the public for centuries, we must all be bold in our newfound knowledge, and have the courage of our conviction to share the light of the truth with the world.

Don't be afraid; there is nothing to fear apart from staying silent and doing nothing in order to let it happen. Millions across the world have now become aware that all systems of government, education, health, media, law and so on, are set up to serve the ruling cabal, which is in charge of every nation's monetary and financial systems, and not the people. You are not, by any stretch of the imagination, alone.

Many activists are now doing regular outreach in their town centres every week – setting up stalls to give out papers and flyers, and chat with anyone who wants to know more. It is probably the best thing anyone can do regularly to help spread the truth, though we should all do everything we are drawn to do, to help raise awareness of the evil agenda to control the entire population, and all the world's resources, by a tiny few. Although it might seem a little daunting to those who have not spent a couple of hours chatting to passers-by, everyone who makes the effort to do so is always boosted by both the responses (and knowledge that there are far more aware out there than we are led by regular or social media to believe), and their own previously-hidden ability to talk with ease to complete strangers, have many enjoyable conversations, and realise that nobody really tries to attack you when you do this (unless drunk or a politician). Their plan of total control is totally reliant on deception, and they must keep it hidden until it is complete. That is why it is so important for them to ridicule, slander and persecute any opposition or exposure of their plans. Calling people conspiracy theorists, right-wing extremists, antisemitic racists and any other label, so that ordinary people will be put off listening, reading or watching important information. Simple tactics that have been used over and over for a long time (see bottom of page 8).

The idea of staying quiet is therefore self-defeating: once enough people know what they are intending to do, their game is over, but It is a race against time. They need the public to accept digital ID and central bank digital currency (CBDC), presumably after an engineered cyber attack taking down banks and other important internet infrastructure that we all use nowadays. We know the public are not yet ready for it, but may be primed after yet another manufactured crisis, so once we see this happening, we'll know time is definitely running short.

Until then, though, if enough people see the truth and simply refuse to comply, the game is over and their plans for total enslavement of mankind forever will be thwarted. One day, there will not be enough people to refuse and say no, and the next, there will be. We don't know when that day is, but we can accelerate it with our own efforts every single day.

We created *The Light* paper as a tool for people to use to gently show the public information they might not otherwise see, and many thousands now regularly pre-order hundreds of thousands of copies to distribute locally. Why not order some yourself to hand out, or club together to use for your outreach events?

 https://thelightpaper.co.uk/bulkorder

All hail the... globalist

by IAN FANTOM

King Charles is putting politics back on the royal throne

WE have a globalist king. That is now being said more and more, and the point does need to get through to the whole population.

But Charles is no mere supporter of globalisation; he is right at the centre of the globalist agenda.

Television presenter Neil Oliver made a point in a video from his home in Edinburgh that the king should keep out of politics, but the new king is deeply involved in it. He has been actively promoting the idea of man-made global warming, which is a highly contentious political issue, as, too, is the issue of the pandemic. I expected Neil Oliver to be taken off for the coronation, because the breakfast presenters on GB News, as well as many of the evening presenters, seemed to belong to the 'Isn't it marvellous' brigade when it comes to the royal family.

They seem to be appealing to the libertarian right on just three issues - Brexit, man-made global warming, and the fake pandemic - but supportive of the establishment on everything else. Neil Oliver seems to be out on a limb in warning of the dangers of a political king.

But the Neil Oliver show did go ahead. As before, I agreed with practically everything he said, but this time there were, for me, two contentious issues: God and a hereditary monarchy.

I think religion plays an important part in the cohesion of any nation or ethnic group, but only if people don't believe in it too deeply. From the moment they owe allegiance to religious leaders, the path to tyranny is set. The argument in



Charles speaking while the Prince of Wales at the World Economic Forum

What people generally understand is that we have a titular monarchy, with no real power. But that is simply not the case. All international treaties are ratified under the Royal Prerogative. The two chambers have no formal say. That gives enormous powers, and the globalist agenda relies on such international treaties.

favour of a hereditary monarchy is simply that otherwise, we open the door for politicians to take over. But what do we actually have now?

Charles III must be one of the most experienced and established politicians in living memory, and he has very powerful backers.

Neil Oliver talks of a 'constitutional monarchy'. I've never understood that term, because it implies that other monarchies aren't constitutional. Certain principles are generally accepted to be incorporated in the British Constitution, but what exactly constitutes the British Constitution? What matters is what those in government think the constitution is, and that is defined in a Cabinet Office document.

Even the number of documents which constitute the constitution is not specified. I can say that if I were to try to open a bank account for a membership association on the basis of such a constitution, it would almost certainly be rejected.

The Supreme Court claimed in its ruling on the Prorogation of Parliament case that an advantage to the present form of the constitution is its flexibility. Flexible for them, no doubt, but not for us, the plebs, so it doesn't even fulfill the basic role of protecting the ordinary guys against excessive powers. What people generally understand is that we have a titular monarchy, with no real power. But that is simply not the case. All international treaties are ratified under the Royal Prerogative. The two chambers have no formal say. That gives enormous powers, and the globalist agenda relies on such international treaties.

I remember Lord Hailsham saying, in a BBC lecture in 1976, that we have an elective dictatorship. Only now do I see the full impact of those words. But at the moment, it's not even elective: if the Prime Minister doesn't follow the wishes of the establishment, presumably communicated through the Cabinet Office, then they go. Rishi Sunak wasn't elected, but stepped in when 'behind-thescenes economic forces' forced Liz Truss to resign. Boris Johnson was forced to resign by the Partygate scandal following a report by Sue Gray of the Cabinet Office.

According to that report, a major player in Partygate was the Cabinet Office. On one occasion, they all exited Downing Street along a corridor into the Cabinet Office building round the corner in Whitehall. One picture in the report showed Rishi Sunak at one event talking to Boris Johnson. So why did Boris Johnson have to resign, to be ultimately replaced by Rishi Sunak, with the Cabinet Office still in office?

Our democracy is fickle. I have over the years struggled to understand how we can have become so brainwashed as to believe that we are the 'mother of all parliaments'. We have three elements to our parliament: two chambers and the Crown in Parliament. The latter involves draconian powers.

I came to the conclusion long ago that the English must be the most brainwashed people on Earth. We believe what we are told by the authorities, even if we believe the opposite to be true as well. Orwell called it 'doublethink'.

I was particularly intrigued to read what Prince Harry wrote about in his book *Spare*. Speaking about an interview with a journalist, he said: "I told the reporter that I thought the British press was crap, particularly with regard to my brother and sister-in-law. 'They deserve to have their baby in peace,' I said. Everyone's guilty for buying the newspapers. But hopefully no-one actually believes what's in them. But of course they did. People did believe, and that was the whole problem.

"Britons, among the most literate people on the planet, were also the most credulous. Even if they didn't believe every word, there was always that residue of wonder. Hmm, where there's smoke there must be fire... even if a falsehood was disproved, debunked beyond all doubt, that residue of initial belief remained." Well said, Harry!

The state we're in -MPs answer questions

by NIALL McCRAE

WHAT do our parliamentary representatives really think about climate change, covid-19, mass immigration and transgenderism? In the April edition of *The Light*, I presented ten questions for readers to send to their MP. Fifteen sets of answers were received, including from Prime Minister Rishi Sunak. The respondents comprised ten Conservative, one SNP and four Labour MPs, with only one female respondent. The answers are a revealing guide to the state we are in.

1. Do you believe that there is a climate crisis?

MPs were unequivocal on anthropogenic climate change. Sunak emphasised the urgency: 'The UN's International Panel on Climate Change has concluded that the world is warming faster than anticipated, the effects of which are being seen in every single region of our world. Immediate action is needed to limit warming, heatwaves, heavy precipitation, droughts, and loss of Arctic Sea ice, snow cover and permafrost.'

Rachael Maskell (Labour, York Central) even foresaw famine: 'Across the planet, the failed crops due to the changes in the climate is resulting in parts of our globe becoming uninhabitable.'

What they didn't say: notably, only one MP mentioned the contentious 'Net Zero'; they talked of carbon targets but not the ultimate aim of total resource control.

2. Do you believe that covid-19 was a deadly pandemic?

According to Sunak, covid-19 'was one of the greatest challenges this country faced since the



Second World War'. This is ironic, given his party's expulsion of Andrew Bridgen for a similar comparison. The SNP respondent replied: 'having lost friends to this deadly disease, my answer is an unequivocal yes'. Bill Wiggin (Conservative, North Herefordshire) wrote: 'I caught covid and was very seriously ill, Boris nearly died, many others were not so lucky'.

What they didn't say: symptoms and mortality were similar to that of influenza, which magically disappeared for three years.

3. Do you believe that lockdown was necessary?

Two years after schools, churches and pubs were forced to close, there is little remorse from MPs, although John Redwood (Conservative, Wokingham) had voted against the draconian legislation. All others thought that lockdown saved lives.

Mark Eastwood (Conservative, Dewsbury) referred to the modelling prediction of Neil Ferguson at Imperial College that unless we followed China's approach, hundreds of millions would die, while the NHS would have been 'overwhelmed many times over'.

Some MPs suggested that lessons would be learned from the covid-19 inquiry (a likely whitewash), but according to Huw Merriman (Conservative, Bexhill & Battle), 'until an effective vaccine was developed and rolled out, unprecedented public health measures were required'. Sunak claimed to have mitigated its economic impact as Chancellor of the Exchequer.

What they didn't say: no MP mentioned the International Health Regulations, which could impose global lockdown.

4. Do you believe that the covid-19 vaccines are safe and effective?

According to George Haworth (Labour, Knowsley), 'given the urgency of the situation, the vaccines were as safe and effective as could reasonably be expected'. Merriman and other Tory MPs used stock statements: 'I can assure you that the MHRA has followed rigorous procedures to ensure the vaccines meet the high standards needed to be considered both safe and effective... Millions of people have been given a covid-19 vaccine and reports of serious side effects, such as allergic reactions, have been very rare.'

What they didn't say: the trumpeted 'miracle of science' was an illogical feat as the trials could not compress time: longterm safety and efficacy cannot be known from short-term testing; no MP mentioned the troubling surge in mortality since the rollout.

5. Do you support billions of pounds of military supplies and indirect or direct involvement of our armed forces in the war in Ukraine?

No respondent doubted the cause in Ukraine. Again, Tory MPs such as Mark Pawsey (Rugby) shared the

Image: Mohamed Mahmoud Hassan

same text: 'The UK cannot stand idly by whilst Russian troops lay siege to once peaceful European cities, whilst tanks tear through towns and villages and ordnance rains down indiscriminately on homes and hospitals. We have the moral duty to respond to these horrific acts, which are not only an attack on the principles of the UN Charter but also amount to war crimes.'

Sunak concluded that 'Putin must fail – and we must work to ensure he does'. Maskell warned that unless stopped, Putin will rampage over Europe. However, several MPs assured that there is no prospect of British or NATO forces fighting in Ukraine.

What they didn't say: the UK is a prominent actor in the West's proxy war with Russia, recently sending depleted uranium shells (which went up in radioactive smoke when the Russians struck an ammunition store).

6. Do you regard the tens of thousands of people crossing the English

Channel and entering the country illegally as refugees?

MPs are aware of public unease about the daily arrival of young men crossing the English Channel. On whether these are genuine refugees, Andrew Stephenson (Conservative, Pendle) remarked: 'No, and by legal definition they are not refugees until any claim they make for asylum has been accepted. It should be noted slightly less than half do apply successfully. I support the Rwanda plan and the Illegal Migration Bill, and welcome the Prime Minister's plan to stop the boats.'

John Whittingdale (Conservative, Maldon) averred that most of the gatecrashers are 'economic migrants' who should be sent back. Sunak accepted that 'the volume of small boat arrivals is overwhelming our asylum system and diverting resources from those in genuine need'.

Labour MPs were concerned about slow processing of asylum claims, Haworth claiming that 'over 90% of those who seek asylum are deemed to have satisfied the criteria for refugee status, either on the basis of their initial application or on appeal'. According to Maskell, 'the globally unstable world, crop failure and the abuse of human rights, through to modern day slavery and torture is causing some to migrate'.

What they didn't say: the number arriving (whether by small boats or by air, ferry or rail routes) is set to surge due to United Nations policy of mass resettlement from poor to rich countries.

7. Do you believe that it is safe for dozens of undocumented male migrants to be housed in our towns?

Sunak acknowledged that 'there are currently over 45,000 asylumseekers living in hotels around the country, at a cost to the taxpayer of more than £6 million a day'.

To accommodate ten thousand of them, disused holiday parks, student halls and military sites are under acquisition, Sunak remarking: 'this accommodation should be rudimentary and will be designed to protect the local community'.

Merriman, facing uproar over a huge migrant camp in his constituency, tried to allay fears: 'The Home Office confirmed that all asylum seekers arriving at Northeye will be screened... Claims for asylum will be viewed negatively should any law-breaking or trouble occur during the applications stage.'

What they didn't say: the first priority of government is the safety of its own citizens, but large numbers of young males are being placed in residential areas, potentially endangering women and girls.

8. Do you support teaching of transgender ideology to our schoolchildren?

Edward Timpson (Eddisbury), in a lengthy text also used by other Tory respondents, explained: 'It is up to schools, with the support of teachers and parents, to decide the most appropriate and necessary policies to put in place for their pupils...The Department for Education is clear, however, that schools must tackle all forms of discrimination and this includes gender reassignment or sexual orientation.'

Sunak explained that government guidance will 'support schools both in relation to transgender pupils and those who are questioning their gender'. He assured parents that they would be involved in any decision about their child.

What they didn't say: the state is the arbiter on child's gender identity, and parents' views will be overridden, if not criminalised.

9. If you do not agree with any of the above, what are you doing to oppose such a policy?

This question was a dud, as the MPs were mostly following the narrative.

10. Finally, what is a woman?

Most respondents defined a woman as an adult human female, Whittingdale explaining: 'The Gender Recognition Act provides a way for people to change their gender, but biological sex allows us to determine the difference between a man and a woman and this is set at birth with a woman having two X chromosomes, and a man an X and a Y'. Stephen Kinnock (Labour,

Aberavon) eschewed such clarity, based on personal experience: 'Let's not disparage or fail to support those who are non-binary in terms of their gender identity. For example one of my two children was born female as Camilla but is now called Milo, and uses the pronouns he / him. Milo is a truly wonderful person, and I love him and am incredibly proud of him.'

Maskell fears undue influence of transgender ideology, asserting that 'children should be taught to be safe in their identity as a boy or girl'.

What they didn't say: the clarity of definition of an 'adult female' may be misleading - would a trans woman (biologically male) fit this criterion?

To conclude, despite their efforts to justify the prevailing narrative and policies of the political establishment, the MPs showed themselves at odds with many, if not most of their constituents. Although not directly mentioned, parliamentarians are pursuing Agenda 2030, a programme managed above national level behind a façade of democracy.

From conservatism to corporatism

by **RODNEY ATKINSON**

THE culprit which has led to the many crises that have seemingly hit the British people - and other nations in the West - is corporatism.

It is that combination of rightwing corporate power, socialist totalitarianism and state power which marginalises the true democratic forces in society – individuals, families, communities, personal enterprise, the nation state and parliament itself.

Corporatism arises as the right moves left (as it did in Britain under Major, Cameron and May), and the left moves right (as it did under Blair) and in the past has been the foundation of Nazi and fascist systems of government. Mass immigration is encouraged by ideological leftists and corporations seeking cheaper labour. The woke values of what some call the 'liberal' urban minority manipulate the state from their own corporate institutions in academia, civil service and the media.

Even wars (launched without public consultation of course) are profitable for armament corporations, and politically for grandstanding politicians - who, upon leaving office, suddenly acquire great wealth.

The large corporations have easy access to the savings of the people in the City (where individual and family investors have virtually disappeared), and the state has easy access to the earnings of the people through oppressive taxation.

Corporatist power, unlike market responsibility, is easily manipulated by a few individuals and minority political ideologies – like cancel culture, the racist 'critical race theory' and transgender notions. In 1990, my paper, *Conservatism in Danger*, published in The Bow Group, warned that the Tory party was becoming corporatist, and this would mean their long-term defeat. They later limped to their worst defeat since 1906, and 13 years in opposition followed.

From 2010, another 13 years in government has not corrected this deviation but instead ensconced corporatism in a society which is now on the brink - led by a party similarly positioned!

The journalist Harry Phibbs attended the Bournemouth conference of the recently established Conservative Democratic Organisation. He wisely noted that Bournemouth was a profoundly symbolic venue (for the CDO conference).

Seaside venues were chosen for party conferences when the membership was valued. For several years it alternated between Brighton and Blackpool. There were smart hotels for the high-ups – but also plenty of cheaper hotels and guest houses to ensure it was affordable for those members on more modest means.

Then it turned into a trade fair, a lobbying fest. Manchester and Birmingham were more suitable, with expensive but characterless hotels for those with corporate expense accounts. Party members were priced out.

Organisationally, members had long been priced out. The Conservative Democratic Organisation seeks to return power to party members and reduce the corporatist power exercised by functionaries at the party centre. Many years ago, a well-known journalist went for an interview at the then Conservative Central Office. Having said she was not sure if she was a Conservative and had some leftwing ideas, the interviewee said: "Oh that is not a barrier to making a career in politics."

A neat summary of corporatist politics!

Meanwhile, no ceremony is supposed to better encapsulate the spirit of the people in a constitutional monarchy than those invited to a coronation. Those invited to the coronation of Charles III included the Chinese politician responsible for the democracy crackdown in Hong Kong, and a Sinn Fein leader from a prominent IRA family. Not invited was the late Queen's bridesmaid whose father was murdered by the IRA. Those are the values of corporatism and statism.

The loss of democracy in Britain and the dominant role of collectives of capital and state have arisen not because the people have a loss of votes – but a complete loss of choice. Corporatism has conspired on left, right and centre to make all voters powerless.

https://freenations.net

Promoting informed consent

by **MAGDA TAYLOR**

Mums unite to expose Big Pharma's biggest secret

IN September 1991, I happened by chance to come across an article entitled, *Vaccination – The Hidden Facts,* featured in the London Evening Standard weekly magazine, ES.

Prior to reading this, I had always thought, like so many, that vaccination was safe, effective and without guestion.

Both my young daughters had received the recommended vaccines, which fortunately were very few at that time. However, one was due her MMR that month, and so I read the article with great interest.

Alarm bells went off, and by the time I had finished the article I was thirsty to know more. What was the true cause of the decline in diseases, what were the vaccine ingredients and the potential problems of injecting them into the body?

What number of vaccine injuries and deaths were happening, and why were they rarely talked about? The article asked at the end to, 'send a self-addressed envelope for a suggested reading list', and so I did. This started me on a new understanding of health and disease for the next 32 years.

I was never one for just reading and believing one view, and when the list of suggested book titles arrived, I found myself ordering each one and reading them thoroughly. I felt rather isolated with my new and evolving view of the subject, and over the next year I gradually connected with other mothers who had similar concerns.

Two of the mothers had had home births and it was actually their midwives who had encouraged them to look into the subject. They both chose to decline any vaccines for their babies. Another



mother, who had been a health journalist prior to becoming a mum, had also investigated the subject before her children were born, and they also remained unvaccinated.

In September 1992, we decided to set up *The Informed Parent* and produce a newsletter to encourage parents to broaden their knowledge on the subject, and allow them to make an informed and independent decision.

We started with just a few subscribers, but within a couple of years we had around 1,800 signed up for the newsletter. Due to the demands of running TiP, the other mothers were unable to continue, and I found myself taking on the newsletter and all the work single-handedly.

I was passionate about getting more information out to the public, and wanted parents to at least be aware that there were, and always had been, great concerns about the efficacy and safety of this procedure, going right back to its inception and Edward Jenner (who is often referred to as 'the father of immunology').

Although I have managed to keep TiP going for over thirty years, the introduction of the internet had a negative effect on numbers subscribing. Many parents started to turn to social media for their information, and while it is good that there are a lot more articles, videos and podcasts available, it can sometimes be overwhelming and even confusing.

The general feedback I have received over the years from my subscribers is that they find the newsletter a reliable and eyeopening source of information, and also a support.

Since March 2020, when the covid narrative began, we have witnessed many people across the world buy into the fearful messaging broadcast by our governments and so-called health departments, and then rushing to get in line for the vaccine. However, as one booster after another was rolled out in such a short space of time, there has been a decline in uptake as more and more people are now questioning this subject.

In a recent paper entitled, *Covid-19 vaccines and the misinterpretation of perceived side effects: clarity on the safety of vaccines*, the opening line states: 'In the era of covid-19 and mass vaccination programs, the antivaccination movement across the world is currently at an all-time high.' This I view as a healthy and welcoming sign.

These days, when parents get in touch with me, I firstly encourage them to go back to the foundations of this procedure; in particular the germ theory. This theory has never been proven, and yet modern pharmaceutical medicine has used germ theory to base its disease narrative on, to sell the public their products. People also assume that virology is a thoroughly scientific field, and yet the isolation, purification and characterisation of a 'virus' has never been achieved.

We have mostly been brought up to believe that we need protection from germs to survive, and as we know, fear serves as an efficient way to make the masses conform, as seen repeatedly in history.

If you arrive at the view that germs are not the cause of disease, then the very idea of vaccination does not make sense. Even if vaccines were 100 per cent safe, and did not contain substances, such as aluminium, mercury, formaldehyde, animal tissues etc., what would be the point in trying to protect yourself and your family from specific germs when they are not the cause?

In other words, the philosophy behind vaccination is flawed right from the start; therefore trying to protect from something that is NOT the cause is completely inappropriate.

These days, I tend to replace the word 'immune' with 'health'. We have a health system, and when we have too much toxicity building up in our body, we produce disease symptoms to expel the impurities, in an attempt to return back to normal. I believe that we need to move into a new paradigm - a healthpromoting approach whereby if we or our children need to have an extra detox on occasions due to some kind of build-up of toxicity - these symptoms will be viewed as a healing phase and supported, not suppressed, by the health industry.

However, it is for you to reach your own conclusions based on the information that resonates with you. As stated earlier, the primary aim of The Informed Parent is to encourage people to question, investigate and come to their own decisions.

- https://informedparent.co.uk
- Watch interview with Magda on Odysee:
- https://tinyurl.com/4c8k3v34

15 minute cities - why the rush?



by **DAVID PUGH**

THINGS happen around us with extraordinary rapidity, and over which we seem to have no control.

I fear that I am unlikely to be one of the 'make things happen' brigade; more of the 'what the hell happened?' one. But, slowly the blinds are being drawn open, and I am joining the 'wondering what's happening' band of concerned folk.

I have been having interesting conversations with our local community leaders who are, in the main, for-profit, unitary authority, private, corporate employees claiming to be helping us.

I baulk a little at the word 'represent', because I believe that I can present myself and don't need any help from a private, for-profit, unitary authority that claims some sort of jurisdiction.

Our conversation with our unitary authority was about the implementation of their 15 minute city scheme, endorsed by our leading councillor.

We are allegedly all very happy about the implementation of the COP 26 agenda according to him, and the uber-green initiative he so ardently supports.

I fear he may be talking for himself rather than people like the residents of Bath and Bristol who have had a 15 minute city trial initiative imposed upon them, which has outraged locals, caused business closures and much more.

Green dreams will become a nightmare for ordinary people

Our paid unitary authorities have spent large amounts of public money on promoting these green initiatives, parts of which have real benefit I am sure, but little has been discussed concerning residents impacted by road closures and restrictions. I am very curious to as to where the funding might be materialising from for these 15 minute city schemes. The projected costs of the schemes are enormous, and, at least in Oxford and Bath, have resulted in an immediate impact on residents. This local calamity has already closed businesses and

has already closed businesses and compromised safety by further reducing access for essential ambulance, police and fire services.

But that is not my main concern; my concern is WHAT IS THE RUSH?

Perhaps an answer is in global policy romping along to a timetable that must be followed? Well maybe... but why for local unitary authorities?

I have a theory that it all relates to an endgame that unitary authorities have been told must happen by their paymasters within our corporate government.

In licence terms, we are only the keepers

of our private motor transportation, and some private corporate authorities claiming jurisdiction have statute permit to remove private conveyances from public roads. In other words, it is your property and transport, but only until you use it on public roads, or so I am informed.

This enforced restriction is already implemented by police and traffic officers in the seizure and forced confiscation of cars/transport for non-payment of tax, insurance or fines; they can even destroy your property.

So back to my theory...

I believe that if full local surveillance is imposed in these regulated cities, then people within a fairly short time will lose their automatic right to use their own transport property at will. In other words, although you may own taxed and licensed, insured and MOT-certificated transportation, and a valid driving license, you will have enforced travel restrictions imposed upon that use.

This would apply through implementation of yet-to-be-announced green levies or emission legislation. In effect, if you use your own car, van or motorbike etc.,

Image: www.academvofurbanism.org.uk

you will be fined if you use it without permission or use it too often.

Can't afford to pay the fine, or won't pay, but have to use your vehicle? Tough luck, the green agenda machine rolls on regardless; and if you don't pay up, we have legislation in the pipeline to seize other property too.

A sobering thought indeed that lawabiding, tax-paying and reasonable people should be corralled in, possibly, a sort of suburban ghetto. Our private and corporate unitary authority in its green dreams is selling yet another politicians' promise of a wonderful future, while continuing to offer your, probably slightly run down, present neighbourhood nothing, neglected over many years by your evermore prosperous but nevertheless caring unitary authority.

Mind you, our senior councillor, who is on a £170,000 salary (plus benefits), does not have that worry, as he probably does not live in your neighbourhood.

Of course, all your 15 minute city unitary local authority has to do to reassure and allay the problem is simply to take down the barriers and talk to the communities they purport to be representing... but will they?

Like I said before, I think the best we can all do is to present ourselves. I carry on hopefully in the best way that I can, but I have another question:

What are you doing?

OPINION

War on humanity disguised as convenience

Terrifying curse of technology - computer age taking over our lives

by HARRY HOPKINS

THE news that Lloyds, NatWest and other banks are to close more than 80 branches this year comes as no surprise. The drive to internet banking (and with it a cashless society) has resulted in 4,700 branches being shut since 2015.

Together with Post Office closures, this has transformed the way we handle our financial transactions and our lives. To encourage this, bank apps have been pressed on customers, and branch visits, with their endless queueing, made ever more of a mission.

For us, the client, it becomes about giving in, not having to make the effort, and the gradual appeal - once you grasp the technology - of home banking.

But the thing is, and it strikes me as one of the most important aspects of being alive, that as individuals, we need to make the effort. Without effort, what kind of life do we have: what do we become?

Everyone must agree that labour-saving developments over the years have taken away the drudgery, danger and monotony of many activities that our ancestors had to bear, and that there have been positive advances through inventive technologies. Where the tipping point occurs, however, is when such advancement ceases to deliver the means for a better quality of life, and instead ushers in an inhuman world where we no longer interact socially, depending on one another for friendship, life-enhancing conversation, working relationships, and the satisfaction of doing a job well and feeling valued.

It is on the elderly and those living alone that the impact of computerised technology and its misguided enforcement is most clearly visible - a brutal shaping of society for the worse. If we ignore the effect on the most vulnerable group in society, we set the seal on a dehumanised world across the board. Our existence will no longer be human in any true sense of the word.

I have an elderly neighbour, a widower, who is beset by loneliness. His visits to the supermarket are about the only social contact he gets. Most of his day is spent in front of his TV, not because he's watching the mind-numbing programmes, but because this box with sound and pictures keeps him company.

We know that loneliness and the psychological effects which stem from it lead to many other ills, both physical and mental - recent research is showing a direct link between loneliness and dementia.

The neighbour's son, who visits him once a week and in many ways is a good son. never tires of telling his dad that modern technology is wonderful. He tries to persuade him to buy a smartphone, and regales him with the benefits of immersing himself in everything that modern advancements have made possible.

"Dad, if only you realise it, you need never have to go to a bank branch again and queue to be served. In fact, you don't really need to be bothered with cash any more, with the risk of being mugged or losing it. You can order all your shopping from your armchair, and have it delivered to your home. You can even have all your meals ordered and delivered, ready to go in the microwave."

What the son abjectly lacks, in his total conversion to the digital age, is empathy; the ability to see things as if you were in the other's shoes. All this harping on from the son is a nightmare to his dad. He loves going to the bank and chatting to people in

the queue. He knows the staff and, in some cases, their families.

His trips to the supermarket are punctuated by meeting other customers, many of whom he knows and those he doesn't, he can get to know just by being friendly. For him, these outings are occasions and a muchneeded escape from his isolation at home. It is for them that he gets up and gets dressed.

Doing everything through a computer, with no human involvement, is anathema to him. The son cannot understand why his father does not want to make his life easier. In the place of effort is boredom, isolation, ill-health and a life not being lived at all because of the lack of human contact.

The irony of course is that as the son ages, the same fate faces him when he discovers that his Facebook friends, his Twitter chums and his Instagram followers are no substitute for the warmth, touch and physical contact of real people. By then, of course, he may well have lost the ability to communicate with other humans in any meaningful sense. Computer technology taking over every aspect of our lives could well be hell on Earth, and the isolated elderly are telling us this now.

Governments following Bolshevik tactics?

by NATI CANA

Advice eerily reminiscent

HERE is a summary of the main tactics from Lenin's 1902 book, What is to be done? Does any of it sound familiar in today's world?

- **1.** Create chaos in as many areas as possible, and have your people occupy the 'important positions'. Important positions at revolutions are personnel in all the centres of communication in the military, government, police and media. To have a few higher officers in military and/or police does give it more chances of success.
- Separate the youth of a country from their history and the values of the parents. Then they have no root and can be much more easily led.



A young Stalin (left) and Lenin, before they had killed millions

3. Use the problem with the greatest emotional content to make any discussion emotional from the start. This stops most people from thinking, and you can lead them where you In talks or discussions, select persons (as counterparts or listeners) who are easily reacting, in the sense of point 4.

- In any deliberations for contracts, use the words that your opponent is using. But, when signing the document, you 7. change the meaning of the 'important'
- word/phrases, without them noticing. 6. If you committed a felony or made

want to go.

a mistake, blame your strongest opponent for it. He or she will not have the slightest idea what the blame is about, and will not know how to defend against the accusation. If after some time it becomes clear that there was no involvement of this person, you will have had enough time to eradicate your traces, and the suspicion will stay with that accused person (e.g., show trials in the Soviet Union)

- You plan to accomplish the goals in the next 20, 30 or 40 years (salami tactics).
- 8. In public discussions about planning

for events, make sure that the allocated time is filled with discussion about procedures and definitions (quotes from any leftist writers are welcome). This makes it impossible to come to a decision. At the last minute when the decision is required, the persons present are not thinking clearly, and your proposal will go through.

If there is no time limit, then you continue until most have left, or are too tired to oppose your proposal (representatives of the discussions during the Bolshevik Revolution held with the other, much stronger, groups participating in the first uprising).

- Repeat a lie over and over again. If it is 9. repeated often enough, then everyone will think it must be true. For example, the expectation that the state will take of you.
- **10.** Declare that anyone who does not share the communist ideas is a fascist (you have defended the world against the fascist, so you know who they are).

Common Law will fail to protect us against tyranny

by CHARLIE O'NEILL

Dictators rip up contracts and disregard the law when it suits them

LIKE many others who got involved in the wider anti-lockdown movement, I was at first perplexed by what seemed to be the mysterious spread of certain ideas.

These concerned reclaiming our 'true' identity and extricating ourselves from state power by declaration, all of which were presented under the label of 'Common Law'.

It was hard to come to a conclusion on any single aspect of it, let alone evaluate the phenomenon as a whole. But I have since come to my own personal conclusions concerning the validity of many of the specific claims made - a summary of which can be found at Economic Resistance (see link below).

The more I investigated the so-called Common Law approach, the more I came to realise that none of its specific claims really matter, even if some of them are actually true.

This is because the foundation on which the entire approach actually rests is not a matter of historical or legal record, but instead a kind of metaphysical belief about how the universe itself functions.

Here is a quick overview of Common Law that demonstrates how all the points hinge upon this key metaphysical doctrine concerning the importance of contracts:

- The system of supposed law we all abide by is in fact largely a counterfeit designed to gain our consent to be governed.
- 2. There is a true system of law which the ruling elite have kept concealed from us in order to be able to gain unfair advantage over us.
- 3. We unknowingly enter into various

In this struggle, having a faulty, naive or just plain nonsensical model of political and legal reality renders the task, at best, a futile waste of time, and, at worst, a dangerous distraction that plays into the very hands of the authorities it claims to oppose



sorts of contract with the ruling powers which allow them to violate our inherent rights due to having first deceptively gained our consent to do so in various ways (i.e., our births being registered, replying to official communications etc.)

4. If we know about the different systems of law and the importance of 'contract' then they, effectively, no longer have any power over us, and we can begin to make demands upon them ourselves.

However, if it was indeed true that the rulers must first trick and confuse those they rule over in order to abuse them in various ways - and this seems to be the basis of the various Common Law theories - then how do its adherents explain the many occasions on which our government and others have resorted to the use of extreme force and other forms of violation against individuals who had clearly not consented to be so treated?

How did the children and adult civilians in various foreign countries 'we' have invaded, or caused to be invaded, enter into a contract with anybody in order

Photo: Giammarco Boscaro

to agree to be blown apart by missiles or starved to death as a result of trade sanctions?

And if they didn't, then how did ths occur? Were the politicians not worried about karmically 'breaking the rules' by engaging in this entirely non-contractual behaviour? If not, then why would they care about doing it to us now?

Furthermore, how do political dissidents like Julian Assange and other opponents of the powerful find themselves kidnapped and imprisoned without even the semblance of due procedure or any form of consent? How did the rulers get the victims to consent in any meaningful way to the various forms of abuse uncovered in such atrocities as the Dutroux Affair in Belgium and the recent Epstein scandal in the U.S.? If the elite could engage in these acts without any consequence, or any apparent fear about breaking the rules of reality, then what is stopping them from doing the same to us now, without the need for engaging in complex legal trickery or wordplay whatsoever?

Why does any of this matter anyway? It matters because we all at least claim to be fighting to uphold our freedoms against a criminal cabal that has given itself the right to dispose of them.

In this struggle, having a faulty, naive or just plain nonsensical model of political and legal reality renders the task, at best, a futile waste of time, and, at worst, a dangerous distraction that plays into the very hands of the authorities it claims to oppose.

In addition, to stand against the system with a false sense of confidence, using incorrect information, can easily lead to people unnecessarily putting themselves directly in the crosshairs of the authorities - a situation which can, ironically, end up giving the system much more leverage and, thus, power over them than it had to begin with.

Although it may be psychologically comforting to convince ourselves that the injustices of the world and the tyranny of the powerful is merely illusory, or something that can easily be 'contracted' out of, the history of recent times shows that the state's power is indeed very real, and that it obeys no laws whatsoever when it feels itself to be threatened in any way, or when its ill-gotten wealth and power are put at risk (see two World Wars, the Communist gulags, state-sponsored terrorism, online censorship laws, etc.)

Not only does this approach waste people's limited time and energy, but it also subtly misdirects them from properly engaging with the reality of the system itself - a reality in which the law is immediately discarded whenever it threatens to actually benefit the non-elite in any meaningful way.

Instead, Common Law leads its followers down a range of esoteric rabbit holes which render them, effectively, useless as far as intelligently opposing the system and its various abuses goes.

For those who do believe in some variety of Common Law solution to the situation we all find ourselves in, I would be keen to hear how they feel that my overall summary of their position is incorrect, and how they would explain the above logical fallacies which, to my mind at least, their beliefs seem to imply.

- Do you have a rebuttal to this article?
 We would love to publish it so we have both sides of the debate.
- https://economicresistance.substack. com/p/the-common-law-cult-part-one

Katie Hopkins



by **DARREN SMITH**

What have you been up to?

I spent about five years doing what I do – trying to get people together, to acknowledge how hard things are, but also to give people a reason to be hopeful – in the States, the only place I could still talk.

Nearly a year ago today, Alex Belfield allowed me on the stage in Blackpool – the biggest show they ever had. Commercially it was epic. All of these theatres wanted some of that -35booked to have the tour. And then subsequently, Belfield went to prison for five-and-ahalf years, and then they pulled 30 of them just because of the systematic, very successful attempt – taking very little effort by the other side, really just down to one individual in particular - lobbying these places into cancelling.

However, it's been totally successful, because of the handful that have held firm - the tickets sold out so fast; because there's a thirst for feeling better, being in a room together, and there is a large underground network of resistance building up in the UK, and so, so many of the venues I do are not theatres or places that can be lobbied. This is an underground speakeasy network. We are in the time of prohibition, so most of what I do, I'll be in the heart of leftist wokedom performing two sell-out nights that were never advertised, and sold out in 24 hours each. When I tell people they're not alone, I really mean it, because this network is vast, connected and it's brilliant.

You haven't been on the telescreen for a while?

Nooo! A lot of producers and talent bookers will approach

me because they know that I'd be great on their show, and I'll always say, 'of course I'd love to do it, but I tell them, just be careful, because when you present this to channel, they'll eat you. It can be very damaging for a young producer to even suggest me for a programme because it can harm how they're seen; I'm always trying to protect people from what can happen being anywhere near my name.

But I am excited because I see the light coming – I see the turn. This has been 20 years for me; 10 years on the road and five years of being utterly eviscerated. I am lucky to have learned a lot of skills.

I suppose now mainstream needs some of my stuff, but they don't know what to do about it. So we had Panorama the other day, they wanted my 15-minute city stuff, they paid me for it but they can't have me on. I gave it away, but they're caught between two stools.

You seem to thrive on the adversity?

I won't stay down, and they know it. I am banned from South Africa, I am banned from Australia for three years, and banned from every single social media platform apart from Instagram and YouTube, weirdly, and I just refuse to stay down. The tide is turning in our favour. This is a really good time to be alive.

I have enormous faith, and I see people want to be included in this network; these are groups that have been built up from freedom movements, not competing with each other, just quietly getting on with it in their towns and cities, and they are immaculate at organising. They can put a message out to their networks, and you can turn up at an underwear shop in Nantwich with 120 people there. It's desperately exciting. That's what I'm trying to show people when they're like 'all is lost'. All is not lost, not by a long shot.

Do you think socialising is just as important as activism?

Wherever I go, people are involved with *The Light* paper – they purchase copies to hand them out, and I see that happening, which is glorious. To see 800 people in a theatre relax and turn off the world – not escapism, but remembering how it was and why it still matters, and that you can sit with people who couldn't care less about anything you think, other than wanting you to be alright.

I fundamentally disagree with people who just criticise our side, because when you do that you're facing the wrong direction. But I would argue that there is too much repeating the darkness, talking about the world – lockdown, plandemic, vaccines – yes, but we have to move forward and bring people with enthusiasm and positivity, tapping into the real qualities our side has. It's saying 'look at us endure, look at us prevail'.

Look at Charlotte Wright lose her husband to the vaccine, lose family and friends who told her to shut up, not make a fuss, to not put people off the vaccine, who called her a terrible person, and then end up in court and get his death certificate changed, to call out the vaccine as the cause of death. Look at the NHS 100k - doctors and nurses who said 'no'. That's what I'm trying to do.

It's the old British spirit isn't it? We value freedom, and if what you're doing is wrong, we're not going to do it. That's why I've been so lucky in having this rebirth right now people who used to loathe me now come out to see me; i've shown that I won't go down, and we need people who won't stay down, and I'm really happy to be part of that; we need warriors.

There's a thing with the truth movement that we don't want leaders. Well we don't want bosses, but we do need people to inspire us, motivate us, light the way...

To hold the line with us! The audience is the number one priority. That's why it was so heartbreaking with Stafford pulling, letting 500 people down.

Each show, someone becomes the hero of the story. In Blackpool, it was a guy called Phil who laughed so hard, he broke his false leg. The leg fell off, but he wouldn't leave the show, so we went and got some cardboard from the staff and wedged his leg back on and so he stayed. And so the second half became about Phil; we talked about Phil losing his leg, and the whole crowd of 800 people were shouting 'Phil! Phil!' Each show has a hero without planning; they just present themselves. We're made up of many, and it's not about a leader, it's about the heroes that make up the team.

Things are changing aren't they?

I see it all around. Concrete examples like DeSantis in Florida passing the 'let kids be kids' regs, so now you don't have to tell people your pronouns, and women now get their own changing rooms. Corporates are having to strip out all of the woke because of the Bud Light backlash. Blackrock and Vanguard have

Loving and laughing across Britain

stripped out all of that stuff from their annual letter; pulled back on all the climate stuff because they're frightened of alienating ordinary Americans. So the winds of change are upon us – a warning shot for venues.

The more we can get people to feel hope, the more momentum we can gain, because hopeful people are unstoppable. Also, we're coming to summer, a time when people get together and prepare.

Are you a Christian?

My parents and grandparents were Methodist, and I went to a convent school, but obviously I resisted that conformity, but it's the way you live – I would go and help anybody.

There is a lot of proper laughter at my events. My usual bar was that someone has to wet themselves, and that's happened twice, but then Phil's leg fell off so we beat that. But we get a lot of tears as well.

Because lockdown was this mass injury event, like a universal car crash, and I believe people carry that pain every day; they don't talk about it, you don't have an injury to show and talk of, but a lot of tears are still to be had, and that comes out at my events a lot. Allowing people to gather, to believe in something, and have that sense of fellowship with people, without being judged.

People come up all the time and say 'your channel got me through lockdown' – same for Alex Belfield, *The Light* paper – whoever's getting you though, great. People have to heal, and our side are getting people through this, so we've lost a lot fewer people than we would have otherwise lost.

https://katiesarms.com

Crapification of the economy

by **DARREN SMITH**

INFLATION is not only evident in the nominal price of everything rising, but also in both the quantity and quality of the goods and services now available to us.

So not only are prices going up - shopping bills have doubled in the past two years, and fuel bills have more than doubled but the weights and measures we get for the increased amount we pay are also decreasing.

It's more for less - ever decreasing sizes, weights and amounts.

But everything's also becoming worse in terms of quality too. Stainless steel tools that rust, bin bags that split when breathed on, even the fuel we put in our cars has less actual fuel in it and more biofuel, which reduces the lifespan of the engine, leading to more crapification and a race towards the bottom.

At some point, bags won't hold, spanners won't turn, tanks will leak, cables will fray and everything will become too degraded to use, freezing the economy, but this time permanently.

Instead of raising ourselves up, and the quality of life continually improving for everyone, we have allowed a state of affairs where all of our productivity and creativity, as well as Earth's natural resources, are gobbled up by a money system where a few have control over the economy, and are leveraging that immense power to impoverish the rest of us.

In his OfTwoMinds blog, Charles Hugh Smith writes: "Tossing all the low-quality goods in the landfill and replacing them with even lower quality goods is now the global model of growth.

"But since very few of the discarded goods have recyclable materials that are actually recycled, this waste-is-growth model runs into limits of materials availability and cost - when even low quality becomes too costly, with the bottom 80% of consumers no longer afford to buy replacements. "As I explain in my recent books, *Self*- Reliance in the 21st Century and Global Crisis, National Renewal, once the economies of scale of mass production are lost, production is shut down as it is no longer profitable or viable at lower runrates and capacity utilisation.

"Which brings us to a projection of what happens on the downside of peak quality - when the system can no longer replace all the low-quality goods dumped in the landfill with equivalent quantities of low-quality replacements at affordable prices. The entire waste-is-growth model collapses.

"The decline in quality reveals that the collapse of the neoliberal-hyperfinancialisation-hyper-globalisation model has already occurred. We're simply waiting for the second stage, where it's not just the production of quality goods that collapses: the production of even low-quality goods tumbles off the cliff as economies of scale are no longer enough to keep production profitable.

"The saturation of all demand means sales can only decline, since durable goods last a long time. The only way to juice sales higher is by making insecure consumers crave the latest fashion, but this artifice has limits.

"The solution was to crapify all products and services via planned obsolescence and endless loops of lousy, over-priced service. Products are now designed to be impossible to repair (eliminating cheapskate do-it-yourselfers) and by using the lowest-quality, lowest-cost components, manufacturers guarantee that the entire product will fail once the lowestquality component fails.

"And since many components are now digitised, the cheapest electronic component failing will cause the electronics to fail - a £1 chip fails, and the entire £600 product fails - and so the entire product is then destined for the landfill - what correspondent Bart D termed 'The Landfill Economy', a term I now use to describe the entire global economy of planned obsolescence."

• https://www.oftwominds.com

How truth is distorted on TV

I'VE been in the TV industry now for close to 20 years.

I was there for the start-up of local TV companies, right through to travelling the world filming sports events. I've worked for major broadcasters including ITV, Sky Sports and the BBC. I have been in and out of newsrooms, been on film sets, and even filmed prime ministers and royalty.

I love my work and I love the medium of film and television.

However, one thing that I've noticed, more so now than ever, is just how easy it is to manipulate and steer an audience. Through a few simple techniques, your opinion may be swayed, influenced or even infiltrated.

This was my motivation to make the documentary *Tell-Lie-Vision*.

Today, people watch television for dozens of hours each week. It could be said that this has been, and still continues to be, one of the most trusted means of communication.

I know from my time in the media that manipulation can be achieved through camera placement, lighting, sound design, colours, effects and graphics. I know, having filmed and edited a variety of productions, consideration is given to everything we see onscreen; from the

by **AIDAN MYATT**

smallest of details to the larger set designs and locations.

One thing I highlight early in my documentary is that news and reporting seemed much more thorough and balanced, that programming was more wholesome; with positive messages of family, community and building strong relationships. Now, more so than ever, these traits have faded, with the proof right in front of our eyes.

The documentary also highlights the changing landscape of the media. In the early 1980s, roughly 50 different companies owned 90 per cent of Western media. By 1992, that number had dropped to less than two dozen, and in recent years, that same 90 per cent has fallen to just six major conglomerates. A staggering number considering the reach and influence that is achieved.

With this reach, I often ask myself the question, would we have covid, climate change or the woke agendas, alongside the countless other agendas currently at play, if it was not for our televisions and the power to tell billions of people what to think?

In *Tell-Lie-Vision*, we consider the future of TV, news, and the media industry.



Current trends show a drop in trust by the public. Stats from the Edelman Trust Barometer, Ofcom Communications Market, Reuters Digital News Report and the Broadcasters Audience Research Board (BARB) all show trends demonstrating the falling consumption habits, audience fragmentation and falling trust. Can we take hope in these numbers and figures?

My hope is that we may start to note the many ways in which we all have all been, and continue to be, manipulated on a worldwide scale.

Walter Lippman, author of the book, *Public Opinion*, published in 1922, stated over 100 years ago that people get their information about the world, outside of their community, through the mass media. He continued to state: "Ours is a problem in which deception has become organised and strong, where truth is poisoned at its source. One in which the skill of the shrewdest brains is devoted to misleading a bewildered people."

- The Tell-Lie-Vision documentary features previous and current employees of the media and television industry, as well as thoughts from psychologists, behavioural scientists and journalists.
- It is available now on www.ickonic. com

More addictive than cocaine

by Catherine Llewellyn & Richard House

Catherine:

INSPIRED by a miraculous, nature-cure healing of a family member, my father trained as a naturopath and osteopath in the 1950s – at the time, a fringe modality. I was the last member of the family to receive a jab of any kind, in my case for polio. There were no western medicines in the house.

My father had an uncanny ability to spot early symptoms and dispatch one to bed on a strict diet of hot water and honey, or fruit. I recall days on end staring at the ceiling waiting to get better. I didn't like it, but I trusted he knew what he was doing.

There was salad and fruit at every meal, and no desserts. Seven-day fruit fasts for the entire family were routine, and we stayed well away from doctors and hospitals. As a special monthly treat, a single Mars bar was shared out.

Papa's practice swelled. Clients who'd been written off by the medical establishment experienced astonishing reversals of entrenched conditions. Cutting out sugar was frequently indicated.

I grew up free of sugar addiction, aware that it's an artificial and addictive stimulant – not a food. I learned that the body tends to heal itself, and it's my job to support that natural process.

Later, I witnessed friends with heart problems, obesity, energy imbalances and neurological issues. Some underwent radical changes in diet, including cutting out sugar, and got better. My Chinese medicine practitioner taught me more. I read and experimented, and I learned about the longer-term systemic effects of sugar consumption.

I gave up sugar completely in 2010 when I embarked on the 5Rhythms Teacher Training (5RTT). Significant stamina, flexibility, equanimity and strength were called for. I decided to support myself by cutting out sugar, wheat, milk and alcohol.

I was lucky. I already had a healthy lifestyle with hardly any sugar, and a compelling mission – the 5RTT. I was excited, terrified, curious and motivated. It was nice to have something I could feel control over, as I embarked on the rollercoaster ride of the course.

Cutting out sugar has significantly supported me. My physical energy is stronger and more balanced. I have greater equanimity, along with a more delightful mix of vivid emotionality and peacefulness. My thinking is clearer and more agile – all the result of excellent nutrition and no artificial stimulants. Sugar is the most pernicious stimulant there is – highly addictive, 'pretending' to provide energy while draining energy and throwing the metabolism off kilter. It never truly satisfies, and leaves us craving 'just one more hit'. And it's everywhere. Nasty.

What advice would I offer someone embarking on a sugar-free diet? The way through will be different for everyone, but here are a few principles:

Assess where you are. For example, are you obese with sugar as a staple; are you healthy with little sugar; are you surrounded by sugar sources; what part does sugar play in your relationships?



- How do you prefer to make changes? Are you an 'all in' kind of person; do you do better with gradual, incremental change; are you best handling change by yourself; do you need a group to support you?
- Think about why you're doing this and ensure that reason is compelling and authentic for you.
- How well informed are you about doing this? If the answer is not very, decide between doing your own research, talking to experts, or joining a support group, etc.
- Set up support. For example, a best friend, a buddy on the same path, a group, or a coach, and contract with them for the duration of the transition.

USEFUL RESOURCES

- Paul Pitchford, Healing with Whole Foods: Asian Traditions and Modern Nutrition tinyurl.com/3da46hy2
- George Ohsawa & Herman Aihara, Practical Guide to Far Eastern Macrobiotic Medicine tinyurl.com/mscxbf6m
- James Walvin, How Sugar Corrupted the World tinyurl.com/59uhryat
- Alex Curtis, The Psychology Behind Sugar Addictions tinyurl.com/2brscz8j
- Paul McKenna, Get Control of Sugar Now! tinyurl.com/4v8bsrwf
- https://healingforyou.uk

Key points to remember:

- Sugar must be replaced with high-quality, slowsugar-release nutrition; take away the feeling of starving, and sugar craving goes away.
- The need for comfort is still there when sugar goes away; consciously take care of it, giving yourself what you need and getting help if you need it.
- The enjoyment of socialising over sugar-heavy consumption (alcohol, desserts etc.) is important; create ways to share enjoyable times with loved ones in other ways.

For most of us, giving up sugar is hard. And profoundly empowering.

Richard:

ALAS, I didn't grow up free of sugar addiction, as Catherine did. We are at very different points in our post-sugar journeys, and she's helped me greatly on mine.

As I write, I've completely given up sugar for around five weeks now, and my life is already transformed as a result. I'm ten pounds lighter with a body restored to how it was in my 30s; I'm looking years younger, with my hair and skin noticeably healthier; I've got a restored, properly functioning system of hunger and satiety; I enjoy energy levels I've not experienced for decades (no more 'spikes', nor needing to pause when climbing steep hills!); digestion discomfort has completely disappeared; and I'm feeling in complete control of my diet and nutritional choices.

I'm convinced that on any number of wellbeing variables, my health has improved dramatically in just five weeks – and this is just the start! I know all too well that the zealotry of the 'recently converted' can be suspect; yet for me, giving up sugar is clearly at least as important for my wellbeing as was giving up smoking (late 1980s) and alcohol (2012).

Sugar is a toxic poison that stimulates the release of neurotransmitters in the brain (dopamine and serotonin), and generates inflammation, mood issues, weight gain and much more. I'm especially interested in the psychology of sugar addiction. There's a lot of literature on this (see Resources). Yet incredibly, none of the books on the psychology of addiction, per se, mention sugar addiction – despite sugar being found in some studies to be up to eight times more addictive than cocaine!

Catherine is right: giving up sugar is hugely empowering – that's certainly my own experience. The addicted are necessarily trapped in victimhood; and victimhood is antithetical to the profound personal and spiritual development that surely accompanies blossoming into our full sovereignty and our awakening into trutherconsciousness. There will likely be a lot of *The Light* readers hooked on the sugar tyranny. Trust us; perhaps the quickest and most far-reaching contribution you can make to your own wellbeing and healthy longevity is to give up sugar completely. You have absolutely nothing to lose in giving it a go – and everything to gain.

Getting salty over health

by SYN KRONOS

Body's chemical reactions are giving clues to fighting disease

WHEN we think of their health, we are told that too much salt is bad for us. What is 'too much' exactly, and are there any health benefits of a reasonable salt intake?

Table salt, also known as sodium chloride, is consumed the world over in vast quantities. Take Japan, for example, where an individual consumes on average 11.7 grams per day; in the U.S. 9.6 grams and in the UK, 8.6 grams respectively. The recommended salt intake is six grams per day, which is less than what is added to a white loaf of bread; a brown loaf tends to have double that quantity.

Salt has been linked to high blood pressure, known as hypertension, but yet if we look at Japan - where there is an average life expectancy of 85 years - it is ranked way down at 183 in the world for hypertension. The UK and U.S. have significantly higher death rates attributed to hypertension, and so we should question the validity of salt being a cause. Salt is absolutely vital for the body's



Photo: Justin Kolenc

processes. In fact, it is essential for the functioning of our nervous system, for controlling fluid balance, and for our muscles to operate. Excess salt is passed from our bodies by urination and sweating. It is also why we get thirsty when we have eaten something salty.

And then have you noticed that when we cry that our tears are salty? This is due to our bodies having a very similar concentration of salt to that of sea water.

In days gone by, people would go to the seaside to convalesce, and often under their doctor's instruction. This was particularly notable during the 18th and 19th centuries, when a tuberculosis epidemic was engulfing Europe. It was long known that sea air had a healing effect on people, and even more so

There are some amazing groups who

are out there every week, come rain or

To name a few: Colchester, Berkshire,

Basingstoke, Birmingham, Cardiff,

shine, trying to alert the passing public.

Carshalton, Huddersfield and many, many

with respiratory issues.

So what is it about sea air, and is there any truth to it?

Sea water has roughly the same amount of salt as our bodies. Salt is given off from the surface of the sea and more so in unsettled conditions. Further, salt is responsible for the majority of the clouds in the sky, in that moisture requires salt to be seeded and tiny salt crystals are the perfect host. This is also the main way in which the Earth regulates its temperature, and so we know for sure that salt is in the air.

Interestingly enough, a product produced from salt - hypochlorous acid was utilised massively during covid-19, as a sanitiser for rooms and surfaces.

Although it is a mild bleach, it is considered safe to handle, non-toxic, and extremely cheap to manufacture. It is simply a few grams of salt added to about a litre of distilled water, which then has a small amount of electrical current passed through it (electrolysis).

Hydroxychloroquine contains chloride (chloro) and quinine (quine). Quinine in high doses can cause heart issues, but what of the chloride? The difference with household bleach is that it is hyperchlorite, and so it is important to note that they are both bleaches, but completely different animals.

The next effective treatment I have been hearing about is that of Ivermectin. This product is typically used for treating internal parasite infections. How it functions is to bind with glutamategated chloride ion channels which occur in invertebrate muscle and nerve cells, making them vulnerable to chloride ions. A chloride ion when reacting with water

A chloride ion when reacting with water produces hydrochloric or hypochlorus acid. We have the connection.

The ELVIS study was run out of Edinburgh University, where it proposed the use of salt water in fighting the common cold. The participants were asked to irrigate their nose and gargle the salt water. The results looked positive, although more research was required and subsequent covid trials were to be undertaken. The mechanism here is thought to be that of the body's non-myeloid cells (bone cells) producing, you got it, hypochlorus acid in the presence of sodium chloride.

Our own cells produce bleach to prevent illness and disease. So surely if it works externally, then it must work internally against covid-19 and likely all infections.

My family and I have been boiling a pan of a saturated solution of salt water when cooking dinner since February 2020. We have not had the disease, nor had the vaccine.

There is also evidence that hypochlorus acid is effective against Ebola and then highly likely to be effective against any other latest concern announced by the World Health Organisation.

I am in no doubt that serious research is required here - research that does not put a price tag on human life, where healthcare is hugely affordable and open to all.

And so without salt, we are quite literally a fish out of water.

A roundabout way to tackle censorship

by **SUE CHATTON**

WHAT started out as a group of us from Stockport being rather irritated at being asked to scan QR codes, or fill in personal information in a pub back in May 2021 and wanting to have somewhere to 'hang out', have fun and do a bit of a protest at the same time, has turned into a UK wide phenomenon.

Within a few short months, with the help of people like David Clews showing our videos on his Unity News Network, the idea of standing on a roundabout, a busy roadside or even on motorway bridges, waving bright yellow boards with important messages on, had travelled up and down the UK.



Roundabout 'rebels' celebrate their two-year anniversary

more, including our very own Portwood and Stanley Green roundabouts in Stockport, Cheshire.

There have been many different agendas and topics which have needed to be brought to people's attention over the last two years, and all the groups try to move with the times, coming up with new ideas and slogans for boards and generating amazing leaflets. It's also a great opportunity to hand out *The Light*, which continues to grow in popularity.

A 'Stand In The Park' with more visibility and more action, Rebels On Roundabouts is a great way to find and meet up with other local, like-minded people, and get involved in outreach. It's also a great way to socialise and make new friends.

 If you would like to find out more, please visit us at RebelsOnRoundabouts.com, and also on Telegram: t.me/ RebelsOnRoundabouts

SPECITI

GEOENGINEERING

The weather has a huge influence on our mood, as well as our ability to grow crops and raise animals. Having the ability to control the weather has long been a desire of those who rule, and experiments going back almost since the first flights to seed clouds to fight drought are well-documented.

The U.S. Airforce produced a document called 'Weather as a force multiplier: owning the weather by 2025' - but we can see they are ahead of schedule, with both the ability to block the sun, cause downpours and clear the skies, such as the 'unnatural' sunny period between March and June 2020.

END OF PRIVATE TR

It starts as 15 or 20 minute c towards electric, semi-autor cars - in the end they want a and everyone's movement to 24/7. Your right to free move

Reject EVs, 15-minute cities, based on the fraudulent 'cli

Promoted after much legislation bannin

advertising, several studies suggest the of smoking can be just as, if not more ha

cigarettes. The fruity flavours also hint a

teens while they're young and impression

SOCIAL MEDIA DOPAMINE ADDICTION

One of the hardest things for us to admit is that an addiction is far more destructive than any perceived benefits. The inventors of social mediado not let their children on it, because they know how they engineered it. You're being played with - and especially those in the truth community, who believe that engaging in social media with each other for 3-8 hours per day is going to make much difference.

ROLE REVERSAL

While it is true some women are better than many men at some things, the aggressive push towards everyone ignoring their own biology smacks of communism and insanity. In professing to give the right to choose, this is doing the exact opposite.

DRINK

Since the sugar tax was introduced in 2018, all fizzy drinks and cordials contain artifical sweeteners such as aspartame, rebranded several times. Aspartame is known to cause health issues. Drink filtered water, teas, pure juices.

VAPING

WAGE/DEBT SLAVERY

While we all need money if we want a roof over our heads and food in our bellies, spending our entire lives working for a government bureaucracy or corporate kleptocracy is as souldestroying as it is a waste of a life.

No one was born to just drudge by and pay the bills. That's why they give you cheap entertainment and let you get drunk and high - so you don't explode with boredom and meaninglessness and start raging against the machine.

Make plans to re-organise your life and re-order priorities so you aren't serving a corrupt and evil system. Find ways to become independent and do things that serve people directly.

FASHION, CULTURE AND SEXUALISATION

The gradual descent into depravity has taken decades, and is known to be a key tactic in destabilising societies to prepare them for massive upheavals. The current move by many Western governments to teach children about adult sexual activities seems almost designed to promote a huge backlash and even more division in society. Who on Earth except disgusting perverts and those who want to completely wreck society would want to introduce little children to anything whatsoever to do with sexual activity?

VACCINES & MEDICAL PROCEDURES ON MOTHERS **AND BABIES**

As many have now discovered after doing their extensive research while given paid leave during the covid scamdemic, all modern medical treatments for preventive illness are toxic and based on the fraudulent science of virology.

Many parents are now choosing to have no medical interventions whatsoever for their newborn, other than actually birthing, and are seeing the incredible benefits of not stunting their children with various poisons and procedures, and instead watching them grow healthily and happily.

THE DIGITAL MATRIX

Living our entire lives through the internet, where everything is monitored, manipulated and controlled, is a literally unnatural way of existing. While smartphones and instant worldwide communication and information open up a world of possibilities, the underlying reason for this technology is to have a layer on top of the natural world which can be controlled by technocrats. We need to be cautious about how much of our lives we move entirely online.

0 BUS STOP

Q

0

Zone-B1N

ANSPORT

g tobacco e-version armful, as t selling to

onable.

ities, and the nudge natic and then 'driverless' all transport to be public, i be completely monitored ement is being restricted.

and all policy and schemes nate change' lie.

EMF RADIATION

Now coming at us from a variety of different sources, and set to intensify with yet more towers and relays for 5G/6G. The smartphone in your hand is a microwave device and should be used well away from your body at all times, if not discarded. Wired ethernet is better than wi-fi all throughout your home.

AGENDA 2030

in the guise of helping save the environment, is the UN/Rockefeller plan for total control of the world's resources, and serious restrictions on what we will be allowed to do.

K FOOD

is fast becoming anything but natural or nutritious. GMOs, Codex Alimentarus, insects as food, labcreated meat and the decimation of farms and farmers will restrict and control not just the food supply but its nutrional content. Ruminant animals have always wandered the plains in their billions, causing no problems at all, so how come cows are suddently destroying the Earth? Did the mega-herds of bison in north America hold their farts in for all those centuries? Ancient foods do not cause modern diseases, or climate change.

Without good quality food, our brains and bodies do not function properly, and will get ill quickly. Visit and buy from local farms.

un sinh

U.S. still holding 'forever prisoner' without charge at Guantánamo



Drawings by Guantánamo 'Forever Prisoner' **Abu Zubaydah** expose details of U.S. Torture

The co-author of a new report featuring the prisoner's work said that "his drawings are the ultimate repudiation of the failure and abuses of torture."



by **BRETT WILKINS**

A REPORT published last month featuring previously unreleased drawings by Abu Zubaydah, a 52-yearold Saudi who has been imprisoned by the United States for more than 20 years at CIA 'black sites' and Guantánamo Bay, offers new insight into alleged torture suffered by a man caught up in a case of mistaken identity.

The report, entitled *American Torturers: FBI and CIA Abuses at Dark Sites and Guantánamo*, is based on sketches and descriptions by Zubaydah and other War on Terror torture victims and was led by Seton Hall University law professor Mark Denbeaux and University of California, San Francisco psychiatry professor Jess Ghannam, with the help of Seton Hall law students.

"Despite the efforts of the federal government, particularly the Central Intelligence Agency, to conceal evidence of the actual operation of the 'enhanced interrogation techniques' (EITs) deployed on detainees in dark sites and at Guantánamo, a steady drumbeat of disclosures has provided an unparalleled view into this disgraceful episode in the nation's history," the report states.

"Everybody agrees, they tortured the wrong guy; they went ahead anyway so they could get permission to torture other people."

The report notes that Zubaydah's drawings "viscerally convey the brutal reality the CIA sought to hide with its calculated destruction of video recordings of torture conducted by its agents," and "dovetail with the recent accounts of Dr. James Mitchell, a chief architect of the torture regime, who both wrote a book on EITs and testified in hearings on Guantánamo.

"These sources, together with the report of the Senate Select Committee on Intelligence, provide the most complete and compelling—account to date of America's torture program" in the years after the September 11, 2001 attacks on the United States."

Born in Saudi Arabia, Zubaydah moved to the West Bank in Israeli-occupied Palestine as a teenager. He was captured by CIA, FBI, and Pakistani intelligence agents in Pakistan in late March 2002. Shot in the thigh, testicle, and stomach during the raid that led to his capture, Zubaydah, who was mistaken for a high-ranking al-Qaeda member, was transferred to CIA black sites in Pakistan, Thailand, Afghanistan, Poland, Northern Africa, and Diego Garcia. In September 2006, he was sent to Guantanámo Bay, Cuba, where he remains imprisoned.

Zubaydah was the first so-called "highvalue" detainee to be allegedly tortured by U.S. agents, who treated him as a human guinea pig.

"Everybody agrees, they tortured the wrong guy; they went ahead anyway so they could get permission to torture other people," Denbeaux told the Guardian, which posted the report along with an article by Ed Pilkington on Zubaydah's experience. Then-Vice President Dick Cheney, National Security Adviser Condoleezza Rice, and CIA Director George Tenet gave the green light for U.S. agents to torture Zubaydah even after learning that the prisoner was cooperative. During one discussion on the matter, then-Attorney General John Ashcroft reportedly remarked: "Why are we talking about this in the White House? History will not judge this kindly."

Zubaydah was subjected to the

interrupted drowning technique known as waterboarding 83 times; rape under the pretext of 'rectal feeding'; shackling in excruciating stress positions; sleep, sensory and food deprivation; confinement in small boxes; exposure to extreme temperatures and loud music; death threats; beatings and being slammed into walls; sexual and religious humiliation; and other abuses.

Most of the torture techniques approved by the George W. Bush administration - which included waterboarding, deprivation, stress positions, the use of loud music and dogs, slamming into walls, solitary confinement, and exposure to extreme temperatures - are illegal under both domestic and international law.

In addition to these approved EITs, U.S. military and intelligence personnel allegedly subjected terrorism detainees many of them innocent men, women, and children - to additional abuses, including homicide, rape, imprisonment of relatives as bargaining chips, exposure to sometimes lethally extreme temperatures, and brutal beatings.

"Sexual assault was never approved, nudity was never approved, humiliation by having women present was never approved, and nor was subjecting someone to prolonged torture to the point of exhaustion or worse," Denbeaux told the Guardian.

"Prisoners died of torture at Asadabad, Bagram, and Gardez in Afghanistan and at Abu Ghraib, Camp Whitehorse, Basra, Mosul, Tikrit, Bucca, and an unidentified facility in Iraq."

According to a 2005 report by the National Library of Medicine, a federal agency, based on reviews of military documents, 26 War on Terror detainees died as a result of "criminal homicide," although the paper did not say how many prisoners died on the battlefield or while in U.S. custody.

"Prisoners died of torture at Asadabad, Bagram, and Gardez in Afghanistan and at Abu Ghraib, Camp Whitehorse, Basra, Mosul, Tikrit, Bucca, and an unidentified facility in Iraq," the report stated. "These cases do not include deaths due to medical neglect, mortar attacks on prisons, or the shootings of rioting prisoners."

Zubaydah has never been charged with any crime or tried. He is what's known as a 'forever prisoner,' as the U.S. has no plans to release him.

Last month, the United Nations Working Group on Arbitrary Detention called for Zubaydah's immediate release while asserting that his continued imprisonment violates the "fundamental rules of international law" and "may constitute crimes against humanity".

Thirty men remain imprisoned at Guantánamo. Only one has been convicted of a crime. Ten have cases pending before what former military prosecutors have called "rigged" military tribunals, while 16 have been approved or recommended for release.

The administration of President Joe Biden, who has expressed intent to close Guantánamo, has overseen the transfer of a handful of Gitmo prisoners to third countries.

Denbeaux said that: "Abu Zubaydah is the poster child for America's torture program. He was the first person to be tortured, having been approved by the Department of Justice based on facts that the CIA knew to be false," Denbeaux noted.

"His drawings are the ultimate repudiation of the failure and abuses of torture."

Brett Wilkins is a staff writer for Common Dreams.

Australians still paying for covid



AUSTRALIA'S cost of living continues to climb, with an almost 10 per cent increase recorded at last quarter. The Reserve Bank has raised interest rates to 3.85 per cent, the 11th increase in 12 months, and energy bills have increased by up to 30 per cent in some states.

There is also an acute housing shortage driving up rental prices, which are going up at a faster rate (11.7 per cent on last year) than general inflation (seven per cent). People who are living on welfare have been hit hardest - a recent survey of 45,895 property listings throughout Australia found only four lodgings that were affordable for a single person on JobSeeker, and these were for rooms in shared houses. It is becoming commonplace to see news stories about families, pensioners and international students forced to live in their cars or in tents for lack of access to housing.

Housing pressure may worsen when Australia welcomes more than 650,000 additional migrants over this financial year and the next under the Federal Government's plan to increase migrant intake by 50 per cent. This will add 900,000 people to the population, which currently sits at just over 26 million. The government has proposed a \$10 billion social housing fund to create 30,000 homes over five years; however, it has not received parliamentary support due to disagreements over the way the fund is structured.

TAXPAYERS in Victoria will foot the bill for a whopping \$31.5 billion to pay back borrowings used to fund the state's covid response. Victoria had some of the longest lockdowns and school closures in the world. The Premier, Daniel Andrews, has passed blame to the Reserve Bank, which he says encouraged borrowing and assured Premiers that interest rates would not go up.

Andrews found time to attend drag queen storytime at Parliament House to mark International Day Rebekah Barnett

reports from Western Australia

Against Homophobia, Biphobia

and Transphobia (IDAHOBIT) on

17 May. The event was organised

Shing, after a number of storytime

by Minister for Equality, Harriet

events at local libraries were

cancelled due to community

pushback or safety concerns.

Shing said, "We will never, ever

let a small, hate-filled rabble take

AGE verification for adult websites

may involve government-issued

necessity of safeguarding minors

from accessing pornography sites,

but are divided on the proposed

use of digital ID, particularly

in light of several recent data

breaches affecting Optus and

Australian government allocated

over \$26.9 million to the digital ID

project in the most recent budget.

PFIZER has weighed in on an

to change their constitution.

upcoming referendum in which

Australians will vote on whether

Pfizer has pledged its support for

the YES vote, which would see the

Voice to Parliament advisory body.

Since Pfizer's rebrand as a quasi-

humanitarian organisation during

the covid pandemic, the company

has repositioned itself as an 'ally'

of marginalised minority groups,

creating opportunities to 'listen to

the stories and lived experiences'

of Australian First Nations people.

The Pfizer vaccine-injured can only

establishment of an Indigenous

Medibank customers. The

away from our joy, our pride, our

dignity and our wellbeing."

Stakeholders agree on the

digital ID.

Find her work at https://rebekahbarnett. substack.com/



dream of the pharmaceutical giant listening with such commitment to their lived experiences.

THE Australian Capital Territory (ACT) has banned new gas connections in home and business builds in its effort to phase out fossil fuels by 2045.

The ACT Government is committed to all-electric buildings powered by renewables.

IN Western Australia (WA), a series of police raids on journalists and activists has raised concerns about press freedom in the state.

The targeted persons are associated with climate activism to disrupt Woodside's gas project at the Burrup Hub, during which the company will move and likely damage Aboriginal rock art. At least two journalists and two activists have reported harassment, unreasonable confiscation of work equipment, denial of fair procedure, and intimidation from WA police within the past month, a pattern of behaviour that targeted journalist Jesse Noakes characterised as 'pre-emptive policing.'

ALSO in WA, a mother lost parental rights after requesting a second opinion for her 6-year-old son's leukaemia diagnosis before consenting to the hospital's recommended treatment plan.

The hospital called Child Protection, who put the child into foster care. The boy was started Check out our sister paper *The Light Australia* at thelightaustralia.com

on chemotherapy within the week, without the mother's consent. The mother and son cannot be named as it would be considered a breach of the conditions of foster care.

ALMOST a dozen schools in New South Wales (NSW) have transitioned back to remote learning in response to an alleged new covid outbreak, with one school reinstating a temporary mask mandate.

A spokesperson from NSW Department of Education confirmed that teacher shortages due to illness are also a factor in moving students to at-home learning.

95-year-old grandmother Clare Nowland, from NSW, is in a critical condition after being tasered by police as she approached them with a steak knife and a walker in her nursing home.

Nowland has dementia and was reportedly moving at a slow pace when the policeman, who was struggling to disarm her, employed the taser. NSW Police have not confirmed whether the police officer has been formally stood down, but he is 'no longer in the office'.

NEW Zealand has recorded its largest increase in excess deaths since the 1918 influenza pandemic.

For the year ending December 2022, there were 38,574 deaths, with 3,642 more deaths than the previous year (2021), an increase of 10.4 per cent. Government sources cite covid and an ageing population as the cause of the increase in mortality figures. 2,400 New Zealanders died with covid in 2022, accounting for two thirds of the total excess deaths. Fact checkers report that a popular conspiracy theory that covid vaccines are causing 2022 excess deaths is false, because most New Zealanders were vaccinated in 2021. Fact checkers omit that third and fourth doses were administered to New Zealanders throughout 2022.

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WA police raids

https://tinyurl.com/4et7rjpz Disrupt Burrup

https://tinyurl.com/2d8mw9te Taser granny

https://tinyurl.com/bdcpvh7e

<u>Perth mum loses son</u> https://tinyurl.com/yer3k6du

<u>Remote learning and</u> <u>masks in school NSW</u> https://tinyurl.com/mr2rrxya

Age verification Digital ID

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<u>Victoria covid debt</u>

https://tinyurl.com/yx95wj8m

<u>Dan Andrews blames</u> <u>Reserve Bank</u>

https://tinyurl.com/bdhr869n

Cost of living crisis

https://tinyurl.com/2p97kr2d Rental crisis

https://tinyurl.com/y78ajh6d

<u>People living in cars</u> https://tinyurl.com/ysmazr7v

https://tinyurl.com/ytfb2akw Victoria drag storytime

https://tinyurl.com/36w85k6p

<u>Migration increase</u>

https://tinyurl.com/bdapn8sh

<u>Social housing fund</u> https://tinyurl.com/24danp56 https://tinyurl.com/2ubcmazm

Covid injections a 'military project' Pfizer claims products were Department of Defense prototypes

by **SERENA WYLDE**

THE pharmaceutical industry's main role in the 'pandemic' project has been to provide cover for what is a military bioterrorism programme, it has been claimed.

Sasha Latypova is a former pharmaceutical research and development executive who has supervised more than sixty clinical trials of new drugs for the industry, and understands every step of the regulatory protocols which govern bona fide studies and trials.

In early 2021, however, she observed that the strong safety surveillance signals of the new injectables being registered in the U.S. Vaccine Adverse Events Reporting System (VAERS) were not triggering the automatic stop and recall mechanism, and the relevant regulatory bodies were showing no concern.

This led her to conclude that there was malicious intent.

From then on, she set about examining minutely every aspect of the development, procurement and manufacturing processes of the 'vaccines' being rolled out en masse, through Freedom of Information (FOI) requests.

To illustrate her point, she explains that in January of 2021, an unusual number of allergic reactions were flagged up in California, following administration of the Moderna product. In any normal safety surveillance system, lots are tracked by their numbers, and if a clustering of problems or deaths occurs with certain batches, these are immediately recalled for analysis. This is automatic and is done by the manufacturers, in the same way as for car parts or food products.

Instead, in this instance, the lots in question were simply distributed more widely, causing sixty-five deaths and three thousand serious adverse events. Latypova explains that once a safety signal is flagged up and no recall action is forthcoming, law enforcement is normally triggered and prosecution of those responsible follows.



She emphasises, however, that we are not dealing with straightforward pharmaceutical corruption. The fraud which confronts us is all-encompassing, because at its centre is the government, through the Department of Defense (DoD), with the complicity of the pharmaceutical industry.

The pharmaceutical industry's main role in the project has been to provide cover for what is a military bioterrorism programme. They went through the motions of conducting animal studies and clinical trials of the 'covid-19 vaccines', and of submitting applications for drug approval to the corresponding regulators in each jurisdiction.

All this was entirely for the benefit of the public, because regulators of medicines and medical devices have no authority over the distribution of these injectibles, which are classed as military 'counter-measures'. They are passed off as pharmaceutical vaccines because no-one would take a substance from a vial with a DoD label marked 'prototype'. According to Latypova, they are Sasha Latypova

also described in government documents as dual-use (military and civilian) biological weapons. Latypova explains that the entire logistical operation of development, procurement, production and distribution is run by the U.S. DoD. They farm out the manufacturing to hundreds of separate military contractors all over the world, and there are dozens of production steps, each implemented by a facility that fulfils a single process in the chain.

Substances are shipped internationally from one place to another where workers have no idea what the materials they receive contain. They are simply instructed to mix them and ship the product on to the next location. So the normal requisites of quality control procedures which take place at a plant at the various stages of production, to test for contaminants and ensure consistency, as well as the inspections to certify good manufacturing practices, are completely absent.

Largely inexperienced operatives,

untrained in the proper procedures for the manufacture of pharmaceutical products pose little threat of whistle-blowing. It is a compartmentalised operation under military control. The result is billions of vials of biological materials of unknown composition all over the world. Some may be blanks; some may be extremely toxic.

Once we correct the false assumption that the injectables are pharmaceuticals regulated by the U.S. Food and Drug Administration (FDA), and by the corresponding regulators of health products in other countries, some pieces of the puzzle start falling into place. We cease wondering why the 'safe and effective' mantra is robotically repeated by those supposedly responsible for regulating and monitoring drug safety, in the face of overwhelming evidence of harm. It is because the approval process was a sham and the regulators have no power over the product.

European Medicines Agency (EMA) email communications examined by Latypova revealed that their reviewers raised 140 objections against Conditional Marketing Approval. She explains that ten to fifteen objections would ordinarily be sufficient to halt an approval. Notwithstanding, a fortnight later, the products were shipped internationally, breaking every rule.

On the one hand, the injectables are being sold to the public as 'health products', while in fact being placed in a completely different category, referred to in the documentation as 'prototypes' or 'counter-measures'.

The mechanism allows the Pentagon to hide whatever it is doing in total secrecy and avoid any federal accounting rules. This is significant because the DoD has an annual budget in excess of \$800 billion, enabling it to extend its tentacles around the world in 'black box' conditions untraceable and unaccountable. Latypova has teamed up with legal researcher Katherine Watt to

legal researcher Katherine Watt to share her documented evidence, as has Brook Jackson who brought a case in January 2021 against Pfizer and others under the False Claims Act, for falsifying statements and manipulating data, in breach of their own protocol and federal regulations. Pfizer, in April 2022, moved to have the case dismissed on the basis the products were not vaccines but DoD prototypes, and they were never obligated to prove safety or efficacy. In October 2022, the U.S. government filed a statement of interest in support of Pfizer's motion to dismiss, thus endorsing this characterisation.

Katherine Watt is working to assemble the package of evidence of manufacturing and distribution crimes perpetrated by the military, and clinical-trial fraud crimes perpetrated by Pfizer, to build cases through the few remaining channels of civil access points.

From the civil cases, she hopes to create a bridge to criminal cases based on laws prohibiting chemical and bioterrorism, with the ultimate aim of progressing to treason charges against the members of Congress, Presidents and Cabinet Secretaries responsible for enabling the illegitimate moves which have led to what Latypova describes as: 'the best documented atrocity, as far as deaths and injuries are concerned, in human history.'

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U.S. Military Runs COVID Vaccines https://tinyurl.com/3zezk68z

American Domestic Bioterrorism Program by Katherine Watt

https://tinyurl.com/4trjjk6e

The Brook Jackson case against Pfizer

https://tinyurl.com/5n7yvbac

9/11 and the COVID Hoax in the Transition to Governance by "Emergency Measures"

https://tinyurl.com/2n4dacrc

International news roundup

LLOYD'S becomes latest firm to exit UN's net-zero alliance

Insurance company Lloyd's of London has announced its exit from a net-zero alliance for insurers - the sixth such organisation to have pulled out from the initiative within a week. The Net-Zero Insurance Alliance (NZIA), convened by the United Nations, seeks to commit group members, composed of the world's leading insurers and reinsurers, to fighting supposed climate change.

As part of this, members have to transition their insurance and reinsurance underwriting portfolios to net-zero greenhouse gas (GHG) emissions by 2050. Lloyd's of London's exit took the total number of members who have quit the NZIA in one week to six, which represents a fifth of the organisation's total of 30 members. Since March, a total of 10 members have quit the NZIA.

The insurance firms are said to have decided to pull out due to concerns about getting embroiled in disputes about net-zero initiatives in the United States. On May 15, attorneys general from 23 American states sent a letter to 28 insurance companies asking for information about potential violations of antitrust laws.

 https://tinyurl.com/72t4uhrm (Epoch Times)

BLACK Lives Matter heading for bankruptcy as insiders pocket millions

Black Lives Matter finished its latest fiscal year nearly \$9 million in the red, even as the organisation continued shelling out millions to executives and relatives of co-founder Patrisse Cullors, according to new tax documents posted last month and first reported by the Washington Free Beacon.

The Black Lives Matter Global Network Foundation spent double what it took in – \$17 million in outlays, against just \$8.5 million in gross revenue. In contrast, the group took in a whopping \$77 million in contributions and grants in the preceding fiscal year, which included half of 2020. Assets plummeted by 28%

year-over-year, from \$41.9 million to \$30.2 million for the fiscal year.

"That means it has spent twothirds of the \$90 million it raised [in 2020]," reports the *New York Post*. Given this report is for the fiscal year that ended on June 30, 2022, the group's balance sheet may look a lot worse today, after another 11 months of potential deterioration.

 https://tinyurl.com/5489ahmh (New York Post)

INDIA continues war on cash

The Indian central bank has announced another round of demonetisation with a plan to withdraw 2,000-rupee notes from circulation.

The 2,000-rupee note will remain legal tender, but they will have to be deposited or exchanged for smaller denominations by September 30. It is the largest currency denomination in India. According to Reuters, the notes make up about 10.8% of the currency in circulation.

T.V Somanathan, the top official at the Indian Finance Ministry, said confiscation of the 2,000-rupee notes wouldn't cause any disruptions "either in normal life or in the economy." His assurances fall flat given history.

The Indian government announced a surprise demonetisation policy in the autumn of 2016, and declared that all of the 1,000 and 500-rupee notes then in circulation would no longer be valid. The suddenly-worthless notes made up 86% of the currency in circulation in the country at the time. The move made virtually all of the cash in India valueless.

The government produced new 500 and 2,000-rupee notes to replace the old currency, and now the government is pulling those 2,000-rupee notes out of circulation.

The idea was to push Indians into putting their hoarded cash in the bank – thus bringing it 'out of the shadows'. The policy resulted in severe cash shortages, with as many as 90% of ATMs in some regions of the country completely running out of currency.

The Indian government's move is part of the broader war on cash. The vast majority of transactions in India are in cash. It is an overwhelmingly cash economy and virtually every Indian has currency stashed away in their home.

The war on cash isn't confined to India. The European Central Bank stopped producing and issuing 500-euro notes in 2018, and officials in the U.S. have floated the idea of eliminating the \$100 bill.

More recently, governments are slowly introducing central bank digital currency (CBDC) as a cash replacement.

https://tinyurl.com/2943kb58 (Schiffgold.com)

FACIAL recognition for ATMs coming to Japan

Seven Bank, a leading banking institution in Japan, has announced its intention to pioneer the nation's first-ever facial recognition service for ATMs, according to a statement by President Masaaki Matsuhashi to Nikkei.

The service will launch in March 2024, enabling customers to make cash deposits and withdrawals across approximately 20,000 ATMs, without the need for customers to present their cash cards.

Most of the 25,000 Seven Bank ATMs, which are conveniently located in Seven-Eleven stores across the country, will be equipped to facilitate facial recognition.

Account holders will receive a unique ID mandatory for all future transactions as an additional security measure.

https://tinyurl.com/2rtw383b

UKRAINE sending untrained recruits into battle

Ukraine sent untrained recruits into the battle of Bakhmut to save its professional soldiers for an expected counteroffensive, *The Wall Street Journal* reported. The paper spoke with men who were part of a small group that was sent into Bakhmut, which became known as the meat grinder, just a few days after being mobilised. Out of 16 men in the group of draftees, 11 were either killed or captured. The Journal described them as "mostly poor men from villages in the northeastern Kharkiv region, many of them unemployed, doing odd jobs as handymen or shift work at factories in the regional capital."

Some of the men had military training years or decades ago, but none had combat experience. A few of them threatened to refuse orders when they were told they were being sent to the frontlines on February 21, citing a lack of training, but they ultimately went.

One man, Vladyslav Yudin, told the *Journal* that he told a sergeant major that he had never fired or even held a gun before. "Bakhmut will teach you," Yudin was told.

The WSJ explained the reasons for such Somme-like tactics:

'In an effort to preserve brigades trained and equipped by the West for a widely anticipated offensive, and with many of its professional soldiers dead, Kyiv sent in mobilised soldiers and territorial defence units, sometimes with patchy training and equipment. The ultimate success or failure of Ukraine's strategy in Bakhmut will hinge on the results of the bigger offensive.

"If you can avoid having to divert your decisive combat force toward something like Bakhmut, which would have a long-term negative impact on the overall counteroffensive, then you do it," said retired Lt. Gen. Ben Hodges, a former commander of the U.S. Army in Europe. "Of course you still pay a high price."

 https://archive.is/zPFVT (Wall Street Journal)

WEST has spent \$65 billion on war in Ukraine

The Ukraine Defense Contact Group, based at Ramstein Air Base, Germany, is an alliance of 54 countries supporting Ukraine militarily against Russia.

In a new press briefing marking the 12th meeting of the group, U.S. Defense Secretary Lloyd Austin revealed the total tally of funds and military aid pumped into Kiev. "In total, the Contact Group has committed nearly \$65 billion in security assistance," while stressing the Western allies are "as united as ever." This total figure is separate from the Washington overall commitment as far as Ukraine aid goes, which is even larger.

This already huge figure is about to leap significantly higher, given that Austin said: "President Biden announced that the United States will support a joint effort with our allies and partners to train Ukrainian pilots on fourthgeneration aircraft, including F-16s. We hope this training will begin in the coming weeks."

The Pentagon chief then thanked Denmark and the Netherlands for stepping up to lead the European coalition. The programme is expected to take multiple months to up to a year or more.

"In the coming weeks, my Dutch and Danish counterparts will work with the United States and other allies to develop a training framework," Austin said. "Norway, Belgium, Portugal and Poland have already offered to contribute to training, and we expect more countries to join this important initiative soon."

Austin further emphasised that the United States is "committed to standing with Ukraine for the long haul." He also announced a new commitment to provide Kiev with "additional air-defense systems and munitions" which will be "crucial" for "protecting Ukraine's skies and civilian infrastructure from Russia's assault."

https://tinyurl.com/2zksw84r (defense.gov)

GLOBAL debt soars again

Global debt levels soared by \$8.3 trillion in the first quarter of 2023, climbing to \$305 trillion, nearly the record high set in the first quarter of 2022, according to the Institute of International Finance. This means almost 335% of GDP.

https://www.dlacalle.com/en/ global-debt-soars-again/

Cancer - it's not what we're told

Part Two of an analysis of the Big C and its many causes

MODERN medicine is widely acclaimed as being the best and most advanced scientific form of healthcare.

Yet it has failed to reduce the incidence of some of the most deadly diseases that ravage the human race. As shown in Part One in last month's Light paper, the incidence of cancer is continuing to increase.

And it remains one of the leading causes of death worldwide.

Cancer increasingly affects young people, a fact that poses a serious and fundamental challenge to the notion that it is a disease of ageing.

An October 2022 article in the journal Nature entitled *Is early-onset cancer an emerging global epidemic? Current evidence and future implications* says current evidence and future implications attempt to explain possible reasons for the increase in early-onset cancers.

It reads: "Trends have emerged towards increasing height, overweight and obesity, type 2 diabetes, physical inactivity, western-style diet (defined as a diet high in saturated fats, red meat, processed meat, sugar and ultra-processed foods, but low in fruits, vegetables, whole grains and fibre) and sugar-sweetened beverage intake in children, adolescents and adults worldwide."

Whilst some, but not all, of these factors may contribute to poor health, they are not the only ones that need to be considered with respect to the onset of cancer. Interestingly, although possibly unsurprisingly, a search within this 18page journal article did not produce a single result for the word 'chemical' nor for the word 'toxin'.

Chapter 6 of our book, What Really Makes You III, details many of the toxic chemicals to which we may be exposed throughout our lives. It is not our intention to scare but to inform people to enable them to make informed decisions.

On the list of known and probable carcinogens on the American Cancer Society website are the following: arsenic, benzene, cadmium, formaldehyde and trichloroethylene. The main point to emphasise is that neither the World Health Organisation fact sheet on cancer nor the Nature article refers to the long list of known chemical carcinogens that can be found on the ACS website.

It is obvious that the chemical industry has a vested interest in keeping the public ill-informed about some of the very real causal factors of their health problems. The inclusion of formaldehyde alone on the list of known carcinogens is noteworthy in the context of the increased incidence of cancers in young people. Although correlation is not proof of may not appear as cancers until many decades later and recognises that certain 'medicines' are associated with cancer, saying: "Antibiotic use, which has been associated with certain cancer types, has increased in both adults and children in many countries over the past half century."

Furthermore, a 2008 news article published in the Lancet entitled, *A Review of Human Carcinogens -Part A: Pharmaceuticals* refers to a meeting at the IARC (International Agency for Research on Cancer) in which 21 scientists reaffirmed the



Doctor taking a bone-marrow biopsy

causation, it cannot be denied that childhood vaccines have increased in number in the past 50 years and many of them contain formaldehyde.

It is claimed that the amount of formaldehyde used is 'very small', but babies are also 'very small'. Furthermore, vaccines are injected intramuscularly, so formaldehyde, and any other toxins they contain, can easily end up in a baby's bloodstream.

The Nature article acknowledges that some relevant exposures in early life

status of 20 pharmaceutical agents as Group 1 carcinogens. This group of pharmaceuticals includes Tamoxifen, a 'medicine' that is given to women with cancer, yet it is a recognised carcinogen.

Tamoxifen is not the only carcinogenic 'treatment' used for patients with cancer, it is widely recognised that most chemotherapy drugs are harmful. Although not all of them are proven carcinogens, many are, as indicated by a 2015 article in the Journal of Clinical Oncology entitled *Avoiding* population exposure to carcinogens from chemotherapy. The article states: "Over 20 cancer chemotherapy drugs, including widely used drugs such as

cyclophosphamide, doxorubicin, 5-FU and etoposide, cause patients receiving them to excrete known human carcinogens in vomit, sweat, urine or faeces."

Yet the WHO fact sheet claims that "cancer mortality is reduced when cases are detected and treated early."

The evidence that many of the drugs that are widely used as chemotherapy treatment are known to be carcinogenic would suggest otherwise.

It is also important to emphasise that some methods used to test for the presence of cancer are also known to be carcinogenic - X-rays, for example.

What is particularly noteworthy, yet rarely discussed, is the actual procedure used for determining if a biopsy sample is 'cancerous' or not.

A video entitled *From biopsy to diagnosis*, uploaded in January 2020 to the Michigan Medicine YouTube channel, describes the process as follows: "This behindthe-scenes look into the University of Michigan Department of Pathology shows how tissue is prepared to be viewed under a microscope and what pathologists are looking for in order to determine a diagnosis."

The process for assessing the biopsy material is rather technical and involves the use of a variety of chemicals and procedures. One chemical is formalin, which is used in the first step of the procedure known as fixation, that is claimed to ensure preservation of the tissue.

It should be noted that formalin is a solution of formaldehyde; a recognised Group 1 carcinogen. This step is followed by other procedures that include dyeing, and dehydration with alcohol. The alcohol is then removed by a chemical known as xylene, which is recognised as being toxic.

It is assumed, however, that none of these chemicals and procedures has an effect on the sample being tested. But this is a mistaken assumption, as has been demonstrated by the work of Dr Harold Hillman PhD, a cell biologist, who states in his 2013 paper *A Serious Indictment of Modern Cell Biology and Neurobiology* that: "Biologists have shown little interest in the effects that the procedures they use have on the structure and chemistry of the tissues they are studying."

To be continued...

Fake meat: Real consequences

by **SAPPHIRE MACDONALD**

WE have all learned a lot over the past few years. The phrase 'divide and conquer' puts it best.

The rapidly growing 'green environmentally conscious' consumer, often critical of modern food production, can be easily misled with the current 'fake meat' trend.

Fake meat offers a fake solution to a real environmental crisis, distracts and diverts from raising awareness, education and most importantly stops real discussion about our food.

Fake meat claims to resolve animal welfare/environmental concerns and is marketed as 'eco-friendly', 'vegan', 'healthy' and 'sustainable'. However, fake food will only create more problems

Those buying fake meat are doing so with the philosophy that animal welfare and the environment have been given absolute priority, but please consider the following:

1 Philanthropists

A quick search reveals many well-known 'do-gooder' philanthropists are huge investors. This should be concerning enough. Is this who we want to control our food sources?

2 Deforestation

Requirements of more and more land are needed to grow GMO crops, acres of forest have been slashed and burned to meet these land requirements, making room for GMO soya plantations.

Trees absorb and store carbon dioxide. If forests are cleared, or even disturbed, they release carbon dioxide and other greenhouse gases back into the air.

Fake meat is the plausible excuse required and will be used to strip away acres of woodland/rainforest of the animals' habitat. Surely vegan and nonvegans can agree that

this is not what either wants.

3 GMOS

Buying Fake meat supports the Genetically Modified Organism (GMO) market and for GMO crops to be grown in the UK. GMOs are used to create the taste/colour of fake blood (GMO yeast cells called soy leghemoglobin). GMOs, when used in our soil, can contaminate the food chain. There seems to be absolutely no mention

of GMOs resulting in the narrowing of biodiversity, plants and animals. 94 per cent of soybeans

grown in the U.S. are GMO. (Center for Food Safety)

4 Government food regulation authorities use animal testing to approve fake meat

New GMO ingredients can be tested by Government food regulations on animals, to then be approved for human consumption.

Impossible Burger's scientists fed the leghemoglobin (GMO fake blood) to rats for 28 days to determine the risk of allergic reaction or toxicity.

5 Dismantle our connection with nature

Fake meat ignores man's connection with nature, and ignores indigenous people, local farmers and years of ancestral knowledge. "These artificial, synthetic foods dismantle our connection with nature and in doing so, disregard the role of natural processes and the laws of ecology that are at the heart of real food production." - Vandava Sheeva.

6 Toxic levels of glyphosate

Industrial agriculture is one of the most unsustainable practices today. The 'bigger is better' food system has reached a point where its real costs have become readily apparent. Toxic high levels of Glyphosate have been found in fake meat. Glyphosate not only contributes to the rising number of people who suffer from health conditions - diabetes, heart disease, respiratory issues and obesity, but is one of the main reasons the Earth's cycles have ruptured, causing biodiversity loss, soil desertification and mass water pollution.

If you really want animal

welfare and choose to

be vegan - why not buy

organic farming where

vegan organic? If you eat

meat consider supporting

animals are reared on a diet

natural to them, free from

pesticides and are not fed

protects the environment,

rebuilds soil, promotes the

biodiversity of plants and

wildlife without poisoning

their habitat, and protects

the soil, waterways and all

Fake meat gives us a 'get out

of jail free pass'. Suddenly

we can just make this quick

switch, but have we gained

any awareness and moved

towards any real change?

address the root problem,

customers have been crying

out for cheap food for years,

that's what's been provided

and now the longer term

Fake solutions do not

animals and destroying

surrounding life.

7 Distracts and diverts

routine antibiotics. Organic

Photo: Alternative burgers - Rick Brown

environmental and health

consequences have to be

"I share the same disgust

and hatred of factory farm

meat as my vegan and

vegetarian brothers and

sisters, I am nonetheless

disturbed to see a growing

number of vegan activists

together to promote fake

climate-friendly alternative.

meat, as a healthy and

that are cheerleaders coming

considered.

Even worse are the growing number of vegans, climate activists and high-tech/GMO enthusiasts who claim that abolishing livestock and animal husbandry altogether will solve our health, environmental and climate crises." - Ronnie Cummings, Organic Food Association

8 Single-use plastic for lab grown counterparts

Behind the scenes this fake meat, a product marked to 'save the day', using singleuse plastic to grow the counterparts.

9 Negative soil carbon sequestration

Many will argue that Fake Meat is better for the environment because of its reduced carbon footprint: up to 96 per cent, and using less water, saving resources. These stats may be based on industrial agriculture instead of regenerative. However, an important fact that seems to be missed is that fake meat has a negative soil carbon sequestration.

Soil carbon sequestration is absolutely essential to protecting against air pollution, maintaining fertile soil and fighting the apparent climate emergency, but is conveniently ignored by mainstream media and climate activists. Pesticides used heavily in the production of fake meat completely destroy the life of the soil, killing microbiota, which enable the soil's natural ability to convert nitrogen into carbon.

Soil with no life has no waterholding capacity and no fertility to support animal or plant life. Soil's lack of water-holding capacity and lack of carbon, or organic matter, is one of the reasons mass floods, droughts and forest fires are becoming more extreme.

Fake meat could be unhealthy, possibly unsafe and it sure won't solve the fake climate crisis! Do we really want to hand over complete power to a few private companies, that will wipe out years of indigenous people's knowledge, local farmers and ancestral wisdom?

The best way to predict the future is to make it. Every day, we have the power in our pockets to choose our future. Put your cash - your vote towards real food for a real future.

References

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Endgame: Nature wins

Universal order always outlasts tyranny

WE have been raised by, and in, a hierarchical paradigm that tells us to look to the authority of wealthy interests to know what is right.

As Einstein once said: "We cannot solve our problems with the same thinking we used when we created them."

One of the most profound switches we can make is simply to fix our perspective and realise that we are not bound to live by that way of thinking, but can trust in another deeper, eternal Law.

Once enough of us understand this, that's when everything changes. The current paradigm ends and we witness the dawn of a new era for humanity and for the world.

In fact, it is not even a new world, because the System the Owners have crafted for us is not even the old world; it is a short-term experiment, a flash in the pan.

The true, old way is governed by eternal Natural Law. It is the divinely-ordained way that, at the moment of the birth of creation, laid down the fundamental laws in perfect balance between entropy and chaos, such that Life could emerge and thrive.

Man's artificial System aimed to overrule those laws so that psychopaths could run riot, snatching as much as they could for themselves - to the detriment of the vast majority of their fellow humans - of the natural world, and ultimately of Life itself.

They managed to think they were getting away with it for 250 years, and now it is coming to an end. Its failure was always inevitable for one simple reason: that it sought to operate outside of Natural Law.



When you look at how Life operates, you will see the inevitable futility of the psychopaths' sick fantasy. As Darwin correctly observed, Life works through a kind of competition, with each member of each species doing its best to stay alive so that it can successfully reproduce before it meets its ultimate inevitable death.

You can see that process of creation still going on all around you today. In any ecosystem you observe species fitting in at every level - from the tiniest single-cell microbe to the largest animals, forests, and fungal networks - every one of them sourcing the energy and nutrition it needs to continue its genetic code.

You will also notice that literally everything in Nature is eating and being eaten. In the words of Brandon Boyd, "No epoch is finally privileged. We are all tomorrow's food. The process continues. And spirit is found in the process itself, not in any particular epoch, or time, or place."

That is the Law. Nothing escapes it. Death and Life are one and the same. Another incredible feature of Natural Law is how Nature is set up to maintain all things in balance, yet in constant ebb and flow. If one form of life gets too abundant, it will either over-consume its resources and diminish, or another lifeform will expand in order to consume it.

From season to season, depending on the variation of fundamental resources like sunlight, water, and soil, populations continuously expand and contract according to the Law, never getting too large so as to destroy their sources of nourishment. Occasionally, they get too few in number to be viable and go extinct. But, even when the light of one species goes out, Life goes on. There is always another species ready to step in and occupy a vacant position in the Web of Life.

Why does all that matter, and what does it have to do with our present situation?

At the most basic level, appreciating the inbuilt balance of Life reassures us that this time must pass. The psychopaths have rebelled against God's Law, which was established at the beginning of everything, and which will Photo: Stephen Walker

always rule.

View the last 10,000 years as just another scene in the eternal drama, part of the natural way of things, one clever species that tried to win exemption from the divine order so that it could over-consume without consequence. Actually, it is not even all of humanity, just a sick, twisted minority that sought to become gods, and who used artifice and illusion to trick the rest of us into accepting their image of the world.

But Natural Law must endure. This fake System cannot and will not continue indefinitely. The Owners know this. That is why they have enacted the present endgame, seeking to reduce the population dramatically, while trying to shift the perceived responsibility onto us, the Many.

The climate change scam is at the core of their strategy. Of course they know the climate changes, as it always has; all just one aspect of the in-andout breathing pattern inherent with natural cycles.

They have bet everything that the climate crisis will trigger the Hegelian 'problem - reaction - solution' dark magic, by which they hope to trick us into stepping up and accepting our fate. We have sinned, and we must pay the Devil his dues: covering our faces, cowering in our 15-minute ghettos, eating bugs, queuing for our jabs, dreaming of what it used to be like when we believed we were free...

So what can we do about it? We may be in the endgame, but it is not too late, if we act now. On one level, we just need to do nothing, at least when it comes to reacting to their spellcasting. We refuse to participate, we refuse to accept the blame, we carry on with the lives we were born to lead, not the slave-like half-life they plan for us.

Alongside resisting their game plan, we must also recommit to the true Law, not man's fake version. We do not need rules or rulers to save us. The only rule we recognise is the eternal Law.

We commit to living sustainably within the natural cycles, a way of life that values biodiversity over bioengineering, ancient wisdom over artificial intelligence, freedom over fear-mongering, altruism over alarmism, liberty over lockdowns, community over communalism, humanity over hierarchy.

It is our faith that will save us from the fate that New Model Army sang about: "Hey, hey, she will dance on our graves, when we are dead and gone." ('White Coats', 1989)

It does not matter whether you profess to believe in God or Nature or Creation; hold onto that faith. We will all hold the faith together. And together we will see the new dawn.

"Zose puny ants outnumbered us a hundred million to one, and once zey figured zat out, zere vent our vay of life."

~ Klaus Schwab, The Second Nuremberg Trials, the near future.

Their Old World Order is failing. Their New World Order will never come to pass. Because we have figured it out. We are the children of the Ancient Universal Order, "as it was in the beginning, is now, and will be for ever."

Letters to TheLIGHT

Got something to say? Outraged that this paper exists? Want to praise us for being the only widely circulated newspaper giving a voice to the alternative, the censored, the cancelled and the forgotten? Love the paper, but have to disagree with one article? *Please email: letters@thelightpaper.co.uk*

DEAR The Light,

Thank you for your wonderful The Light newspaper that gives We the People the truth about this world run by a satanic cabal.

Please could you run more articles on our "FrankenSkies" (a movie and poster) regarding the chemtrails that are poisoning us from above daily and destroying our health by darkening the Godgiven blue skies.

In Chester (Cheshire) the sky often becomes grey an noon when there are no clouds, as if some deranged teenagers are playing 'naughts and crosses' above our heads so that the sky looks ugly.

We need to publicise these chemtrails as most people are unaware of what the trails are, so we can organize locally, nationally and globally to stop what is part of a slow-kill by government/corporate collusion.

Love, peace, truth, happiness and freedom to The Light.

Chris Carvell

DEAR The Light,

I don't really buy newspapers but in a shop yesterday something said 'newspaper' so I bought one. Inside that paper was 'The Light Paper', which I had never heard of.

I got home, made a coffee, put The Light to one side, looked through the newspaper and nothing took my eye.

I chanced reading The Light Paper, and although some words are above my education, the topics seemed to ring true to life, they weren't overhyped and made sense.

There was no beating about the bush, there was proper food for thought and it made me hungry to read more. Needless to say, I have thrown the newspaper away

DEAR The Light,

One mess after another.

I wonder if the latest Emergency Alert System farce was in fact a marketing ploy (do I hear the sound of Money, Money, Money, by Abba, playing in the background?) to upgrade our mobile phones - my mobile uses 3G and I understand only 4G and 5G phones received the alert - that's if they were in luck! As Hardy might have said to Laurel, "Here's another fine mess you've gotten me into, Stanley."

The Energy Alert System appears as effective and reliable as weather dependent wind and solar farms - not forgetting that Smart Meters currently rely on 2G and 3G mobile signals to function, and mobile operators plan to pull the plug on them. When these signals are turned off. the meters will be no better than the traditional devices they replaced as existing Smart Meters cannot handle 4G or 5G communication technology. Dave Haskell

but kept The Light, to read again and take in the articles written in more depth.

I'm a straight talker and always will be, as some of my recent letters to newspapers show. Say it as it is, and then people know where they stand, and can get on with life, adapting if need be.

Anthony Meres

DEAR The Light,

I asked the new AI ChatGPT a very important question: what's the opposite of freedom & free will and what are the steps in society to create this?

ChatGPT said: "The opposite of freedom and free will is typically considered to be oppression or tyranny. In general, oppression or tyranny can be created in society through several steps, including: Limiting individual rights:

Governments or other authorities

may restrict or eliminate certain rights that individuals have, such as the right to free speech, the right to privacy, or the right to assemble.

Imposing strict rules and regulations: Authorities may impose strict rules and regulations that limit people's choices and actions, such as curfews, dress codes, or travel restrictions.

Suppressing dissent: governments or other authorities may suppress dissent or criticism, such as by controlling the media or using force to silence opposition.

Creating a culture of fear: authorities may use fear tactics to control people, such as by using propaganda, threats, or violence.

Instituting a dictatorship: In extreme cases, a government or other authority may become a dictatorship, where a single

person or small group holds all the power and controls all aspects of society. It is important to recognise that the creation of oppression or tyranny is a complex process that can take place over time and through multiple means.

Preventing oppression and preserving freedom and free will requires a commitment to democratic values and a willingness to speak out against actions that undermine those values."

Gary Ruddock

DEAR The Light,

Marc Roberts' 'Why don't rock bands do their job any more?' (Issue 33) raises the question: What job was that then?

First of all, let's dispense with the illusion that these rockers were ever rebels. Real rebels who challenge the matrix aren't rewarded with media adulation and enormous wealth, are they? All well-known entertainers, including the rockers, are created by the matrix to break down (subtly or otherwise) traditional social and moral values; to mould new attitudes and values that will support the matrix. This has probably been the case since Shakespeare. It certainly has been the case since the Beatles in the sixties and the 'sexual revolution'.

Examine the work of David MacGowan (Weird scenes *from inside the Canyon*), Mark Devlin (Musical Truth) and Mike Williams' channel on YouTube, and you will be left in no doubt that these old and not so old rockers were emperors with no clothes: fakes who toe the line and know they're out if they don't.

Of course they masked up and shot up the 'vaccine' when told. They were never *not* part of the system. Just like most of these old illusions they are coming into light now: they were used in the past to control us.

We won't get fooled again.

Willie Methven

DEAR The Light,

There is a letter from Hazel McCannell asking for help on the letters page of Issue 33.

Please could you let her know of the Scottish Family Party, which is standing up for families against the onslaught on every side at the moment?

She says she feels alone, and it would be great to put her in touch with other like minded people. Their contact is:

contact@scottishfamily.org

Thankyou so much,

Sarah Turner







Your face cream is beautiful & pure, I am highly allergic to most products and my skin needs something that is in harmony and pure. I feel it is of the light too... very much. I am all a-glow:)." S.H. Actress, London



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properties, supporting the immune system

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